

HQ23330 Annex B – Sample Menu

BREAKFAST	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	CEREAL/MILK/ROLL/JAM		CEREAL/MILK/ROLL/JAM		CEREAL/MILK/ROLL/JAM		CEREAL/MILK/ROLL/JAM		CEREAL/MILK/ROLL/JAM		PORRIDGE, MILK ROLL & BOILED EGG		PORRIDGE, MILK ROLL & BOILED EGG	
SOUP	MINESTRONE SOUP		LENTIL SOUP		POTATO & LEEK SOUP		YELLOW SPLIT PEA SOUP		CARROT CORIANDER SOUP					
L U N C H	4 X FISH FINGER WRAP with TOMATO SAUCE & TOSSED SALAD	1 LF	BAP ROLL CHEESE BURGER TOMATO SAUCE	1 LF	CHICKEN MAYO TUB with TOSSES SALAD & PITTA BREAD	1 LF	SMOKED SAUSAGE HOT DOG ROLL with MUSTARD	1 LF	SPICY CHICKEN PIZZA SLICE	1 LF	WRAP with GRATED CHEESE FOIL TUNA MAYO TUB CRISPS/BANANA	1 V/LF	1 X ROLL POTATO SCONE LORNE SAUSAGE BLACK PUDDING & BACON	1 LF
	PENNE PASTA BOLOGNAISE with TOSSED SALAD	2	CORNED BEEF HASH	2 LF	CORNISH PASTIE with BEANS	2	CHEESE & PICKLE BAGUETTE	2	SMOKED MACKEREL with CORONATION PEACH PASTA MAYO SALAD TRAY	2 V	BROCCOLI CHEESE & EGG BAKE ONE POT with GARLIC BREAD	2	3 X CORN ON COB with ONE POT SIDE SALAD GARLIC BREAD	2
	1 X CHEESE WRAP WITH SALAD CREAM & TOSSED SALAD	3 V/LF	BAKED POTATO & BBQ BEAN FILLING	3 V/LF	QUORN SAUSAGE HEARTY HOT POT	3 V	SWEET & SOUR VEG ONE POT with BAKED POTATO	3 V	TOMATO & PEPPER PIZZA SLICE	3 V	TOMATO GARLIC VEG ONE-POT with GARLIC BREAD CRISPS/BANANA	3 V	1 X ROLL POTATO SCONE HASH BROWN QUORN & VEG SAUSAGE	3 V
	1/2 PINT MILK	1	1/2 PINT MILK	1	1/2 PINT MILK	1	1/2 PINT MILK	1	1/2 PINT MILK	1	BROTH SOUP & ROLL		BAKED BEANS	
	FRUIT JUICE	2	FRUIT JUICE	2	FRUIT JUICE	2	FRUIT JUICE	2	FRUIT JUICE	2				
VEG	TURNIP		SLICED CARROTS		PEAS/SWEET CORN		MIXED VEG		BAKED BEANS		TOSSED SALAD		LENTIL SOUP	
T E A	3 BRAISED LINK SAUSAGES with SLICED ONION & MASHED POTATOES	1	CHICKEN LEG with BOMBAY POTATOES	1 LF	MACARONI CHEESE with POTATO WEDGES	1 LF	PORK CHOP with ROAST POTATOES	1 LF	BAKED FISH & CHIPPED POTATOES	1	BREADED 1/4lb CHICKEN BURGER with CHIPS	1 LF	STEAK & SAUSAGE PIE with BABY BOILERS & BRUSSELL SPROUTS	1
	HAGGIS with MASHED POTATOES	2	ITALIENE MEATBALLS WITH PASTA SPIRALS	2	PORK GOULASH with POTATO WEDGES	2	CHILLI CON CARNE with BOILED RICE	2	Ind SCOTCH PIE with CHIPS	2	LENTIL & BEEF COTTAGE PIE ONE-POT & CHIPS	2 LF	ROAST TURKEY with CHEESEY MAYO PASTA SALAD TRAY	2
	SAVOURY SOYA MINCE with MASHED POTATOES	3 V/LF	VEGETABLE PIE with BOMBAY POTATOES	3 V/LF	COUNTRY VEGETABLE ONE POT with POTATO WEDGES	3 V	VEG LASAGNE with ROAST POTATOES	3 V/LF	CHICK PEA CURRY with CHIPS	3 V	2 X VEG SPRING ROLLS SPICY SAUCE & CHIPS	3 V/LF	SPICY BEAN BURGER with BABY BOILERS & BRUSSELL SPROUTS	3 V
SWEET	ICE CREAM TUB	1	SHORTBREAD	1	YOGHURT	1	CHOCOLATE BROWNIE with CUSTARD	1	CARAMEL SHORTCAKE	1	ICE LOLLY & BISCUIT PACK		CHOCOLATE SNOWBALL & FRUIT JUICE	
	FRUIT	2	FRUIT	2	FRUIT	2	FRUIT	2	FRUIT	2				