

[REDACTED]

From: H [REDACTED]
Sent: 29 February 2024 21:31
To: [REDACTED]
Subject: Plus building

Hi [REDACTED]

My name is Harris Menshawi and have be Volunteering plus since November 2016. I live with Cerebral Palsy and After leaving college in June 2016 I was feeling a bit down and didn't know what to do. My friend told me about plus so I got in contact them plus and they gave me some volunteering work.

I feel that plus gives me and other people with disabilities a give oppiantin to have a job or evarn to socially. Duing Covid 19 and lockdown Plus put on zoom call which was so much fun. On firday night I would have an hour on zoom with my friends we would have music quiz and just have a chat this was very useful espally during the cold dark night.

The charity provided caring a place to come together and ask for advent. When my mum was filling in my apply for pipa she could go and ask plus for adverts

Plus is a great charity and would rellay benefit from this building

I can't thank Plus enught for what they have done for me since 2016 and I love being a part of plus
Thank you for your time

[REDACTED]
[REDACTED]
[REDACTED]