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**From:** [REDACTED]  
**Sent:** 28 February 2024 22:15  
**To:** [REDACTED]  
**Subject:** Support for Families

Dear [REDACTED]

I am emailing to register my support for the Support for Families Service based in Stirling. As the chairperson of Forth Valley Disability Sport (FVDS), I recognise the value the project brings to the people of Stirling, whom the service has supported.

The service users can access many opportunities for young people, including after-school clubs, holiday programmes and social gatherings. Family members and siblings access counselling through the service. The above support is critical to the families currently receiving it, but the service could support many more people if they had the facilities to expand.

Regarding FVDS, the facilities would be attractive for us to work in partnership with the service to support children, young people, and adults with disabilities in engaging in physical activity and sports programmes to support their physical and mental health and wellbeing.

There is a clear correlation between poverty and disability, and Cornton is an area where we are hoping to help more people. The partnership would also support a collaborative approach to using the facility for meetings and education delivery.

The magnificent service has undoubtedly been a lifeline to the many children, young people and adults who benefit from it. The staff and volunteers work hard to reduce the impact of their experiences and promote a more positive outlook holistically.

We hope you take this into account when considering next steps, and we are confident that the service will continue to improve outcomes for young people and adults alike

[REDACTED]

Chairperson

Forth Valley Disability Sport

Sent from my iPhone