



**W/C: 20th December 2021**

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	XMAS EVE	XMAS DAY	BOXING DAY
	SOYA MILK/JAM	SOYA MILK/JAM	SOYA MILK/JAM	SOYA MILK/JAM	SOYA MILK/JAM	BREAKFAST	PORRIDGE, MILK, BOILED EGG
SOUP	GREEN PEA SOUP	LENTIL SOUP	FARMHOUSE SOUP	YELLOW SPLIT PEA SOUP	MINISTRONE SOUP	SOYA FRUIT YOGHURT	
LUNCH					GRATED VEGAN CHEESE FOIL 1 X TUNA TUB No Mayo CRISPS / PEAR G/F CAKE	WHEETABIX 1 Ltr SOYA MILK PRESERVE COFFEE SACHET	
						<b>XMAS LUNCH</b>	
		BAKED POTATO with NO MAYO TUNA TUB	CHICKEN TUB with TOSSED SALAD			SCRAMBLED EGG ONE POT	TUNA SWEET CORN TUB (No mayo) with BAKED POTATO
	VEGAN CHEESE TUB with TOSSED SALAD			MEXICAN SOYA MINCE ONE POT with BAKED POTATO			
						FIZZY JUICE	PLUM TOMATOES
FRUIT JUICE		FRUIT JUICE	FRUIT JUICE	FRUIT JUICE	FRUIT JUICE	SEASONAL FRUIT	
VEG	PEAS	MIXED VEG	PEAS & SWEETCORN	GREEN BEANS	MUSHY PEAS	<b>XMAS TEA</b>	LENTIL SOUP
TEA		CHICKEN LEG with BOILED POTATOES			POACHED FISH with BABY BOILED POTATOES	POACHED CHICKEN BREAST	
				ITALIAN CHICKEN with ROAST POTATOES			SAVOURY MINCE with BABY BOILED POTATOES
	MEDITERANIAN VEGTABLES ONE POT with RICE		LENTIL DHAL with RICE			LENTIL BROTH BOILED & ROAST POTATOES BRUSSEL SPROUTS VICHY CARROTS	
SWEET	ICE FRUIT SMOOTHIE	VEGAN YOGHURT DESSERT	CHOCOLATE BROWNIE	FRUIT COCKTAIL with VEGAN CUSTARD	IRN BRU VEGAN YOGHURT DESSERT MELON WEDGE	APPLE PLUM TART ICE CREAM SMOOTHIE	NUTTY FRUIT CAKE FRUIT JUICE

All Gluton Free Bread Pasta Cereal Biscuits have to be ordered through Health Centre as required.