

OFFICIAL

NO FAT SPICY OR GREASY FOOD

WEEK 1 YELLOW



NAME: _____

"V" DENOTES VEGETARIAN CHOICE

NAME: _____

W/C: 27th December 2021

"LF" DENOTES LOW FAT CHOICE

BREAKFAST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	HOGMANAY	NEW YEARS DAY	SUNDAY
	CEREAL/MILK/ROLL/JAM	CEREAL/MILK/ROLL/JAM	CEREAL/MILK/ROLL/JAM	CEREAL/MILK/ROLL/JAM	CEREAL/MILK/ROLL/JAM	BREAKFAST	PORRIDGE, MILK ROLL & BOILED EGG
SOUP	MINISTRONE ROLL	LENTIL SOUP & ROLL	POTATO & LEEK ROLL	YELLOW SPLIT PEA & ROLL	CARROT CORIANDER SOUP	FRUIT YOGHURT MUESLI 1 Pt MILK SOFTIE ROLL PRESERVE COFFEE SACHET	
L U N C H	4 X BAKED FISH FINGERS BAGUETTE with TOSSED SALAD & FRESH FRUIT		CHICKEN TUB NO MAYO with SIDE SALAD & PITTA BREAD		WRAP With 2 X PLAIN TUNA TUBS FRESH FRUIT & BANANA		
						LUNCH	
						SCRAMBLED EGG ONE POT with BROWN SAUCE	3 X CORN ON COB with ONE POT SIDE SALAD & WRAP with FRESH FRUIT
		BAKED POTATO BBQ BEAN FILLING		SWEET & SOUR VEG BAKED POTATO FRESH FRUIT			
	1/2 PINT MILK	1/2 PINT MILK	1/2 PINT MILK	1/2 PINT MILK	1/2 PINT MILK	FIZZY JUICE	BAKED BEANS
VEG	DICED TURNIP	CARROTS	PEAS / SWEETCORN	MIXED VEG	MUSHY PEAS	NEW YEARS TEA	LENTIL SOUP
T E A	TUNA SALAD TRAY NO MAYO BAKED POTATO	SKINLESS CHICKEN LEG WITH BABY BOILED POTATOES	3 SLICE OF HAM WITH BAKED POTATO WEDGES	3 X COLD MEAT with BOILED POTATOES		BRAISED BEEF STEAK	BAKED PORK CHOP BABY BOILERS & BRUSSELS SPROUTS
					BAKED FISH with BABY BOILED POTATOES		
							WINTER BROTH ROAST & BABY BOILED POTATOES GREEN BEANS & CARROTS FRUIT COCKTAIL
SWEET	FRUIT	FRUIT	FRUIT	FRUIT	Diet IRN BRU YOGHURT FRESH PINEAPPLE	YOGHURT FRUIT JUICE & BISCUIT PACK	

IF THE RELEVANT CHOICES ARE NOT MARKED AND HANDED BACK TO THE STAFF WITHIN THE APPROPRIATE TIMESCALE THEN THE MOST POPULAR CHOICE WILL BE MARKED FOR YOU. THIS WILL NOT BE CHANGED ON THE DAY OF SERVICE. THE MENU IS ALSO SUBJECT TO CHANGE DUE TO AVAILABILITY OF RATIONS FROM OUR SUPPLIERS. **FOOD**

ALLERGENS & INTOLERANCES: If you have a food allergy or intolerance contact the catering department about ingredients in your meal before completing your choice menu sheet.

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