



## INFORMATION FOR PEOPLE IN CUSTODY – 3<sup>rd</sup> March 2020

Coronavirus (now known as COVID-19) began in China in January 2020 and there are now confirmed cases in 50 countries across the world. On 1<sup>st</sup> March the first confirmed case in Scotland was reported in Tayside.

The SPS are following advice provided by Health Protection Scotland. The advice may change as things develop.

### What is coronavirus / COVID-19?

A coronavirus is a type of virus. Typical symptoms include:

- Fever – high temperature,
- A cough
- Shortness of breath and/ or breathing difficulties.

COVID-19 is a new strain of coronavirus first identified in Wuhan city, China. This is a rapidly changing situation which is being monitored carefully.

### Preventing the Spread of Infection

You can reduce your risk of getting and spreading respiratory infections by:

1. Avoiding direct hand contact with your eyes, nose and mouth.
2. Maintaining good hand hygiene - washing hands with soap and water:
  - **After coughing or sneezing**
  - **After going to the toilet**
  - **Before eating and drinking**
3. Avoid using other people's personal items such as towels and vaping devices.
4. Covering your nose and mouth when coughing or sneezing into disposable tissues and disposing of them in the nearest waste bin after use.

Depending on which countries are affected, there may be an impact on the supply chain of certain products. This could lead to the following:

- Items on the canteen list may be restricted or amended.
- Meal choices on the menus may change
- Products such as televisions and kettles would not be replaced if they were deliberately damaged.

The SPS are following national advice regarding steps that require to be taken to prevent the spread of COVID-19.. At this time there is no requirement for people in Scotland to wear masks or other protective clothing.

If you have any concerns or any questions please speak to an Officer or a member of the NHS Healthcare Team.