

Total

770

Menu 3 Week Commencing:

01/07/2019

KITCHEN

	Breakfast	Lunch	Tea
MON	250ml Milk	1 Cornish Pastie, Beans and Milk	1 Tuna Mayo Baguette, Crisps and Juice
	Cereal		
	Porridge	2 Cheese Burger and Wedges/Chips	2 Roast Chicken Leg mashed Pots & Veg
	Preserve	Clyde	
	Bread (Daily)	3 Baked Potato and Cheesy Beans	3 Vegetable in Oyster Sauce & Rice
	1st	Soup of the Day (V) Total 780	Crumble & Custard 650 Total 780 Fresh Fruit 120
TUE	250ml Milk	1 Cold Meat Sandwich and Milk	1 Chicken Fried Rice, Cubes & Curry sauce
	Cereal		
	Porridge	2 Meatball Pasta Bake and Garlic Bread	2 2x Sausage Rolls & Potato Cubes & beans
	Preserve		
	Bread (Daily)	3 Sardine Salad Tray	3 Sweet and Sour Vegetables and Rice
	2nd	Soup of the Day (V) Total 780	Lees Snowball 710 Total 780 Fresh Fruit 70
WED	250ml Milk	1 2x Rolls, 1x Lorne, 2x Bacon	1 Ind Spicy Beef Pie, Mashed Potatoes, veg
	Cereal		
	Porridge	2 Tuna sandwich and Milk	2 Spaghetti Bolognese
	Preserve		
	Bread (Daily)	3 Vegetable Lasagne and Garlic Bread	3 Lentil dahl and Rice
	3rd	Soup of the Day (V) Total 780	Jelly and Ice Cream 690 Total 780 Fresh Fruit 90
THUR	250ml Milk	1 Chicken Tikka Pastie, Chips/Potato Cubes	1 Spicy Chicken Pizza and Wedges
	Cereal	Kelvin	
	Porridge	2 Ham Baguette, Mustard Portion, Crisps	2 Tuna Pasta salad Tray
	Preserve		
	Bread (Daily)	3 Egg Mayo Sandwich and Milk	3 veg Spring roll and Wedges
	4th	Soup of the Day (V) Total 780	Rice Pudding 550 Total 780 Fresh Fruit 220
FRI	250ml Milk	1 Macaroni Cheese and Garlic Bread	1 Donar Kebab and Salad with Sauce
	Cereal		
	Porridge	2 2 x Fish Cakes, Tartare Sauce & Chips	2 Chicken Chow Mein
	Preserve		
	Bread (Daily)	3 Baked Potato and Coleslaw	3 Cheese Sandwich and Milk
	5th	Soup of the Day (V) Total 780	Carmel cake Custard 700 Total 780 Fresh Fruit 70
SAT	500ml Milk	1 Potato Scone, Lorne Sausage	1 Chicken Kiev & Roast pots, Peas and Soup
	Cereal	beans, roll, Boiled Egg	
	Porridge		
	Preserve	2 Potato Scone, roll	2 Spicy Bean burger & Roast pots, Soup
	Bread (Daily)	Veg Burger, Beans & Boiled Egg	
	6th	780	Soup of the Day (V) Doughnut (All) 750 780 Fresh Fruit (All) 750
SUN	500ml Milk	1 Scotch Pie and Beans	1 Ind Chicken&Mushroom pie,Croquettes,Veg
	Cereal		
	Porridge		
	Preserve	2 Baked Potato and Beans	2 Veg Kiev, Croquettes, Veg
	Bread (Daily)		
	7th	780	Soup of the Day (V) Choc Ice (All) 750 780 Fresh Fruit (All) 750

THE MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY OF RATIONS FROM OUR SUPPLIERS

B/B (All Sandwiches on the menu are prepared using Brown Bread)

(V) SUITABLE FOR VEGETARIANS

Menu Choice - You Choose

Name: _____ Menu 1 - Week Commencing : 08/07/2019

Location: _____ Please put number choices in right hand boxes Lunch - Sweet - Tea

	Breakfast	Lunch	Tea	
MON	250ml Milk Cereal	1 Omellete, Beans and Potato Cubes	1 Chicken Chasni and Rice	LUNCH
	Porridge	2 Baked Potato and Chilli	2 Mixed Sausage Pasta Bake, Garlic Bread	TEA
	Preserve Bread (Daily)	3 Cheese Baguette and Milk	3 Lentil Cottage Pie	SWEET
		Soup of the Day	1 Yoghurt 2 Fruit	
TUES	250ml Milk Cereal	1 Curried Meatballs and Rice	1 Chicken Breast, Gravy, Mashed Pots, Veg	LUNCH
	Porridge	2 Mackerel salad Tray and Roll	2 Haggis and Neep Pie, Mashed Pots, Veg	TEA
	Preserve Bread (Daily)	3 Chips , Rice and Curry Sauce	3 Vegetable Supreme & Rice	SWEET
		Soup of the Day	1 Bread & Butter Pudd 2 Fresh Fruit	
WED	250ml Milk Cereal	1 Lasagne and Potato Cubes/Chips	1 Chicken Cutlet and Mashed Pots, Beans	LUNCH
	Porridge	2 Spicy Pasta & Tomato Chicken Salad	2 Battered Sausage, Mashed Pots, Beans	TEA
	Preserve Bread (Daily)	3 Vegetable Korma and Rice	3 Salad Sandwich and Milk	SWEET
		Soup of the Day	1 Fruit Jelly 2 Fresh Fruit	
THUR	250ml Milk Cereal	1 Tuna Sandwich and Milk	1 Sweet and Sour Chicken and Rice	LUNCH
	Porridge	2 2 rolls, 2 x Links, Black Pudding & Sauce	2 Spicy Meatball Pizza and Potato Cubes	TEA
	Preserve Bread (Daily)	3 Pasta Italianne, Garlic Bread	3 Cheese & Coleslaw Salad Tray and Roll	SWEET
		Soup of the Day	1 Ice Lolly 2 Fruit	
FRI	250ml Milk Cereal	1 Chicken Fajita Mix(hot) and Wrap	1 Spicy Chicken Pasta bake, Garlic Bread	LUNCH
	Porridge	2 3 x Fish cakes and Chips	2 Turkey Salad Tray and Roll	TEA
	Preserve Bread (Daily)	3 Cheese Sandwich and Milk	3 One Pot Cauliflower & Broccoli Bake	SWEET
		Soup of the Day	1 Strawberry Tart 2 Fresh Fruit	
SAT	500ml Milk Cereal	1 Potato Scone, Lorne Sausage, Beans roll Boiled Egg	1 Chicken Curry and Rice	LUNCH
	Porridge		2 Cheese Baguette, Packet Biscuits & Soup	TEA
	Preserve Bread (Daily)	2 Roll, Potato Scone, Veg Burger Boiled Egg Roll	3 Soup of The Day (v)	SWEET
			1 Choc Ice () 2 Fruit	
SUN	500ml Milk Cereal	1 Hash Brown, Link Sausage, Black Pudding Tomatoes, Boiled Egg	1 Steak & Sausage Pie, Roast Pots, Veg, Soup	LUNCH
	Porridge		2 Cheese Pastry, Roast Pots & Veg, Soup	TEA
	Preserve Bread (Daily)	2 Vegetable Sausage, Veg Burger	3 Soup of The Day (v)	SWEET
			1 mousse 2 Fruit	

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Total

770

Menu 2 - Week Commencing:

24/06/2019

HOTPLATE

	Breakfast	Lunch	Tea
MON	250ml Milk	1 Tuna Sweetcorn, Baguette and Fruit	1 Pasta Penne Bolognese & tossed Salad
	Cereal		
	Porridge	2 Bridie Beans and Milk	2 Gammon & pineapple, Mashed Pots & Beans
	Preserve		
	Bread (Daily)	3 Baked Potato and Beans	3 Vegetables Balti and Rice
	13th	Soup of the Day Total 780	Crumble & Custard 560 Fruit 210
			770
TUE	250ml Milk	1 Cheese Sandwich and Milk	1 2 x Link Sausage, Gravy, potato cubes, Veg
	Cereal		
	Porridge	2 Meatball Baguette and Cheese Slice	2 Spanish Quiche and Potato Cubes, Veg
	Preserve		
	Bread (Daily)	3 Veg Samosas x 2 Rice & Curry Sauce	3 Vegetable Kiev, potato Cubes, and Veg
	14th	Soup of the Day Total 790	Pkt Biscuits 700 Fresh Fruit 80
			780
WED	250ml Milk	1 Cold Meat Sandwich and Milk	1 Ind Chicken Curry Pie and Wedges
	Cereal		
	Porridge	2 Hot Dog and Chips/Cubes	2 Tomato and Cheese Pizza and Wedges
	Preserve	Clyde	
	Bread (Daily)	3 Vegetable Burger Cubes	3 Pasta, Pineapple, cheese, Salad Tray
	15th	Soup of the Day Total 780	Ice Cream Tub 705 Fruit 85
			780
THUR	250ml Milk	1 Tuna Pasta, 5 Bean Salad Tray	1 Chicken Cutlet, Mashed Potatoes & Beans
	Cereal		
	Porridge	2 Chicken Pastie and Cubes/Chips (Kelvin)	2 Egg Salad Tray with Salad Cream sachet
	Preserve		
	Bread (Daily)	3 Vegetable Pakora, Cubes/chips, sauce	3 Vegetable Stir Fry
	16th	Soup of the Day Total 780	Iced Sponge, Custard 610 Fresh Fruit 170
			780
FRI	250ml Milk	1 Fish Fingers and Chips	1 Pilchard and Coleslaw Salad Tray
	Cereal		
	Porridge	2 Ham Sandwich and Milk	2 Chicken Lasagne and Cubes
	Preserve		
	Bread (Daily)	3 Baked Potato and Coleslaw	3 Foil Grated Cheese, Baguette, Juice
	17th	Soup of the Day Total 780	Trifle 680 Fresh Fruit 100
			780
SAT	500ml Milk	1 Potato Scone, Link Sausage, Black Pudding	1 Scotch Pie, Wedges and Beans
	Cereal	Tomatoes, Boiled Egg	
	Porridge		
	Preserve	2 1 Veg burger, veg sausage	2 Savoury Fried Rice with Curry Sauce
	roll	Potato Scone, Tomatoes, Boiled Egg	
	18th	770	Soup of the Day (v) Doughnut 770 Fruit 770
			1540
SUN	500ml Milk	1 2 x links Sausage, Omellete and Beans	1 Roast Beef x 2 Gravy mashed Potatoes & veg
	Cereal		Yorkshire Pudding
	Porridge		
	Preserve	2 2 x Quorn Sausage < omellete, Beans	2 Cheese and Pickle Baguettes and Crisps
	Roll		
	19th	770	Soup of the Day (v) Mousse 770 Fruit 770
			780

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(V) SUITABLE FOR VEGETARIANS

Menu Choice - You Choose

Name: _____

Menu 2 - Week Commencing:

24/06/2019

Location: _____

Please put number choices in right hand boxes Lunch - Sweet - Tea

	Breakfast	Lunch	Tea		
M O N	250ml Milk Cereal Porridge Preserve Bread (Daily)	1 Tuna Sweetcorn, Baguette and Fruit 2 Bridie Beans and Milk 3 Baked Potato and Beans Soup of the Day	1 Pasta Penne Bolognese & tossed Salad 2 Gammon & pineapple, Mashed Pots & Beans 3 Vegetables Balti and Rice 1 Crumble & Custard 2 Fresh Fruit	LUNCH TEA SWEET	
	T U E S	250ml Milk Cereal Porridge Preserve Bread (Daily)	1 Cheese Sandwich and Milk 2 Meatball Baguette and Cheese Slice 3 Veg Samosas x 2 Rice & Curry Sauce Soup of the Day	1 2 x Link Sausage, Gravy, potato cubes, Veg 2 Spanish Quiche and Potato Cubes, Veg 3 Vegetable Kiev, potato Cubes, and Veg 1 Pkt Biscuits 2 Fresh Fruit	LUNCH TEA SWEET
	W E D	250ml Milk Cereal Porridge Preserve Bread (Daily)	1 Cold Meat Sandwich and Milk 2 Hot Dog and Chips/Cubes 3 Vegetable Burger Cubes Soup of the Day	1 Ind Chicken Curry Pie and Wedges 2 Tomato and Cheese Pizza and Wedges 3 Pasta, Pineapple, cheese, Salad Tray 1 Ice Cream Tub 2 Fruit	LUNCH TEA SWEET
	T H U R	250ml Milk Cereal Porridge Preserve Bread (Daily)	1 Tuna Pasta, 5 Bean Salad Tray 2 Chicken Pastie and Cubes/Chips 3 Vegetable Pakora, Cubes/chips, sauce Soup of the Day	1 Chicken Cutlet, Mashed Potatoes & Beans 2 Egg Salad Tray with Salad Cream sachet 3 Vegetable Stir Fry 1 Iced sponge, Custard 2 Fresh Fruit	LUNCH TEA SWEET
F R I	500ml Milk Cereal Porridge Preserve Bread (Daily)	1 Fish Fingers and Chips 2 Ham Sandwich and Milk 3 Baked Potato and Coleslaw Soup of the Day	1 Pilchard and Coleslaw Salad Tray 2 Chicken Lasagne and Cubes 3 Foil Grated Cheese, Baguette, Juice 1 Trifle 2 Fresh Fruit	LUNCH TEA SWEET	
S A T	500ml Milk Cereal Porridge Preserve Rolls	1 Potato Scone, Link Sausage, Black Pudding Tomatoes Boiled Egg 2 1 Veg Bangers, veg sausage Potato Scone, Tomatoes Boiled Egg	1 Scotch Pie, Wedges and Beans 2 Savoury Fried Rice with Curry Sauce 3 Soup of the Day (v) 1 Doughnut 2 Fruit	LUNCH TEA SWEET	
S U N	500ml Milk Cereal Porridge Preserve Rolls	1 2 x links Sausage, Omellete and Beans 2 2 Rolls Vegetable Burgers	1 Roast Beef x 2 Gravy mashed Potatoes & veg Yorkshire pudding 2 Cheese and Pickle Baguettes and Crisps 3 Soup of the Day (v) 1 Mousse 2 Fruit	LUNCH TEA SWEET	

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	Breakfast	Lunch	Tea
MON	250ml Milk	1 Cornish Pastie, Beans and Milk	1 Tuna Mayo Baguette, Crisps and Juice
	Cereal		
	Porridge	2 Cheese Burger and Wedges/Chips	2 Roast Chicken Leg mashed Pots & Veg
	Preserve	Clyde	
TUE	Bread (Daily)	3 Baked Potato and Cheesy Beans	3 Vegetable in Oyster Sauce & Rice
	1st	Soup of the Day (V)	Crumble & Custard
		Total	Fresh Fruit
		780	780
WED	250ml Milk	1 Cold Meat Sandwich and Milk	1 Chicken Fried Rice, Cubes & Curry sauce
	Cereal		
	Porridge	2 Meatball Pasta Bake and Garlic Bread	2 2x Sausage Rolls & Potato Cubes & beans
	Preserve		
THUR	Bread (Daily)	3 Sardine Salad Tray	3 Sweet and Sour Vegetables and Rice
	2nd	Soup of the Day (V)	Lees Snowball
		Total	Fresh Fruit
		780	780
FRI	250ml Milk	1 2x Rolls, 1x Lorne, 2x Bacon	1 Ind Spicy Beef Pie, Mashed Potatoes, veg
	Cereal		
	Porridge	2 Tuna sandwich and Milk	2 Spaghetti Bolognese
	Preserve		
SAT	Bread (Daily)	3 Vegetable Lasagne and Garlic Bread	3 Lentil dahl and Rice
	3rd	Soup of the Day (V)	Jelly and Ice Cream
		Total	Fresh Fruit
		780	780
SUN	250ml Milk	1 Chicken Tikka Pastie, Chips/Potato Cubes	1 Spicy Chicken Pizza and Wedges
	Cereal	Kelvin	
	Porridge	2 Ham Baguette, Mustard Portion, Crisps	2 Tuna Pasta salad Tray
	Preserve		
MON	Bread (Daily)	3 Egg Mayo Sandwich and Milk	3 veg Spring roll and Wedges
	4th	Soup of the Day (V)	Rice Pudding
		Total	Fresh Fruit
		780	780
TUE	250ml Milk	1 Macaroni Cheese and Garlic Bread	1 Donar Kebab and Salad with Sauce
	Cereal		
	Porridge	2 2 x Fish Cakes, Tartare Sauce & Chips	2 Chicken Chow Mein
	Preserve		
WED	Bread (Daily)	3 Baked Potato and Coleslaw	3 Cheese Sandwich and Milk
	5th	Soup of the Day (V)	Carmel cake Custard
		Total	Fresh Fruit
		780	780
THUR	500ml Milk	1 Potato Scone, Lorne Sausage	1 Chicken Kiev & Roast pots, Peas and Soup
	Cereal	beans, roll, Boiled Egg	
	Porridge		
	Preserve	2 Potato Scone, roll	2 Spicy Bean burger & Roast pots, Soup
FRI	Bread (Daily)	Veg Burger, Beans & Boiled Egg	Soup of the Day (V)
	6th		Doughnut (All)
		780	Fresh Fruit (All)
			780
SAT	500ml Milk	1 Scotch Pie and Beans	1 Ind Chicken&Mushroom pie,Croquettes,Veg
	Cereal		
	Porridge		
	Preserve	2 Baked Potato and Beans	2 Veg Kiev, Croquettes, Veg
SUN	Bread (Daily)		Soup of the Day (V)
	7th		Choc Ice (All)
		780	Fresh Fruit (All)
			780

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Location: _____

Please put number choices in right hand boxes Lunch - Sweet - Tea

	Breakfast	Lunch	Tea	
MON	250ml Milk Cereal	1 Cornish Pastie, Beans and Milk	1 Tuna Mayo Baguette, Crisps and Juice	LUNCH
	Porridge	2 Cheese Burger and Wedges/Chips	2 Roast Chicken Leg mashed Pots & Veg	TEA
	Preserve Bread (Daily)	3 Baked Potato and Cheesy Beans	3 Vegetable in Oyster Sauce & Rice	SWEET
		Soup of the Day (V)	1 Crumble & Custard 2 Fresh Fruit	
TUES	250ml Milk Cereal	1 Cold Meat Sandwich and Milk	1 Chicken Fried Rice, Cubes & Curry sauce	LUNCH
	Porridge	2 Meatball Pasta Bake and Garlic Bread	2 2x Sausage Rolls & Potato Cubes & beans	TEA
	Preserve Bread (Daily)	3 Sardine Salad Tray	3 Sweet and Sour Vegetables and Rice	SWEET
		Soup of the Day (V)	1 Lees Snowball 2 Fresh Fruit	
WED	250ml Milk Cereal	1 2x Rolls, 1x Lorne, 2x Bacon	1 Ind Spicy Beef Pie, Mashed Potatoes, veg	LUNCH
	Porridge	2 Tuna sandwich and Milk	2 Spaghetti Bolognese	TEA
	Preserve Bread (Daily)	3 Vegetable Lasagne and Garlic Bread	3 Lentil Dahl and Rice	SWEET
		Soup of the Day (V)	1 Jelly and Ice Cream 2 Fresh Fruit	
THUR	250ml Milk Cereal	1 Chicken Tikka Pastie, Chips/Potato Cubes	1 Spicy Chicken Pizza and Wedges	LUNCH
	Porridge	2 Ham Baguette, Mustard Portion, Crisps	2 Tuna Pasta salad Tray	TEA
	Preserve Bread (Daily)	3 Egg Mayo Sandwich and Milk	3 veg Spring roll and Wedges	SWEET
		Soup of the Day (V)	1 Rice Pudding 2 Fresh Fruit	
FRI	250ml Milk Cereal	1 Macaroni Cheese and Garlic Bread	1 Donar Kebab and Salad with Sauce	LUNCH
	Porridge	2 2 x fish cakes Tartar Sauce & Chips	2 Chicken Chow Mein	TEA
	Preserve Bread (Daily)	3 Baked Potato and Coleslaw	3 Cheese Sandwich and Milk	SWEET
		Soup of the Day (V)	1 Carmelshort Custard 2 Fresh Fruit	
SAT	500ml Milk Cereal	1 Potato Scone, Lorne Sausage beans, roll, Boiled Egg	1 Chicken Kiev & Roast pots, Peas and Soup	LUNCH
	Porridge	2 Potato Scone, roll Veg Burger, Beans & Boiled Egg	2 Spicy Bean burger & Roast pots, Soup	TEA
	Preserve Bread (Daily)		3 Soup of the Day (V)	SWEET
			1 Doughnut 2 Fresh Fruit (All)	
SUN	500ml Milk Cereal	1 Scotch Pie and Beans	1 Ind Chicken&Mushroom pie,Croquettes,Veg	LUNCH
	Porridge	2 Baked Potato and Beans	2 Veg Kiev, Croquettes, Veg	TEA
	Preserve Bread (Daily)		3 Soup of the Day (V)	SWEET
			1 Choc Ice 2 Fruit	

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