

Menu Choice - You Choose

Name: _____

Menu 2 week commencing Monday 31st December 2018

Location: _____

Please put number choices in right hand boxes Lunch - Sweet - Tea

Breakfast		Lunch		Tea		
MON	250ml Milk Cereal	<input type="checkbox"/> 1	2 x slices of Bacon, Baguette & Ketchup sachet	<input type="checkbox"/> 1	Spaghetti Bolognese & 1/2 a garlic roll	LUNCH
	Porridge	<input type="checkbox"/> 2	Chicken, mayo & Sweetcorn sandwich & 250ml milk (h)	<input type="checkbox"/> 2	Sardine salad & Fresh fruit	SWEET
	Preserve Bread (Daily)	<input type="checkbox"/> 3	2 x Veg sausages, Baguette & Ketchup sachet (v)	<input type="checkbox"/> 3	Macaroni cheese & 1/2 a garlic roll (v)	
			Scotch Broth (v)	<input type="checkbox"/> 1	Fresh Fruit (v) <input type="checkbox"/> 2 Individual Mousse	TEA
TUES	500ml Milk Weetabix	<input type="checkbox"/> 1	<i>Succulent Beef Stew, Roast Pots, Medley of Winter Veg.</i>	<input type="checkbox"/> 1	Pot Noodle, KP Crisps, Fresh Fruit, 250ml Milk Bottle of Juice, Twix, Coffee/Sugar sachets	LUNCH
	Fruit Juice	<input type="checkbox"/> 2	<i>Vegetable Kiev, Roast Pots, Medley of Winter Veg</i>	<input type="checkbox"/>		SWEET
	Preserve Cheese Slice	<input type="checkbox"/>		<input type="checkbox"/> 3		
			<i>Cream of Tomato Soup (v)</i> <i>Chocolate Fudge Cake - Cream</i>	<input type="checkbox"/>	<input type="checkbox"/>	TEA
WED	250ml Milk Cereal	<input type="checkbox"/> 1	Curried meatballs & boiled rice	<input type="checkbox"/> 1	Lasagne & 1/2 a garlic roll	LUNCH
	Porridge	<input type="checkbox"/> 2	2 x Corned beef rolls & 250ml milk	<input type="checkbox"/> 2	Pork Chop, Gravy, 2 x Waffles & Carrots	SWEET
	Preserve Bread (Daily)	<input type="checkbox"/> 3	2 x Veg samosa, Salad & sweet chilli sauce (v)	<input type="checkbox"/> 3	Vegetable lasagne & 1/2 a garlic roll (v)	
			Lentil & Vegetable soup (v)	<input type="checkbox"/> 1	Fresh Fruit (v) <input type="checkbox"/> 2 Cream & Coconut sponge	TEA
THUR	250ml Milk Cereal	<input type="checkbox"/> 1	Scotch pie & beans	<input type="checkbox"/> 1	Chicken Korma & boiled rice (h)	LUNCH
	Porridge	<input type="checkbox"/> 2	Omelette & beans (v)	<input type="checkbox"/> 2	2 x Egg salad, Roll & fruit (v)	SWEET
	Preserve Bread (Daily)	<input type="checkbox"/> 3	Cheese slice & pickle sandwich & fruit (v)	<input type="checkbox"/> 3	Spicy Arabiatta pasta & 1/2 a garlic roll (v)	
			Yellow pea soup (v)	<input type="checkbox"/> 1	Fresh Fruit (v) <input type="checkbox"/> 2 Low fat fruit Yoghurt	TEA
FRI	250ml Milk Cereal	<input type="checkbox"/> 1	Sausage roll & spaghetti hoops	<input type="checkbox"/> 1	Breaded Fish, mushy peas & mini rosti	LUNCH
	Porridge	<input type="checkbox"/> 2	Ham & pineapple salad tray	<input type="checkbox"/> 2	Pepperoni Pizza & coleslaw	SWEET
	Preserve Bread (Daily)	<input type="checkbox"/> 3	Rice, Chips & curry sauce (v)	<input type="checkbox"/> 3	5 x Veggie fingers, Mushy peas & Mini rosti (v)	
			Tomato soup (v)	<input type="checkbox"/> 1	Fresh Fruit (v) <input type="checkbox"/> 2 Chocolate iced donut	TEA
SAT	500ml Milk Cereal	<input type="checkbox"/> 1	2 x Pork sausages, Omelette, Hash Brown & Baked Beans	<input type="checkbox"/> 1	Chicken Tikka Masala & boiled rice (h)	LUNCH
	Porridge	<input type="checkbox"/> 2	2 x Quorn sausage, 1 x Omelette, Hash Brown & Baked Beans (v)	<input type="checkbox"/> 2	2 x Corned Beef, Baguette & Noodles	SWEET
	Preserve Bread (Daily)	<input type="checkbox"/> 3	Assorted fruit bag (4) (v)	<input type="checkbox"/> 3	Mushroom Carbonara & Crusty bread (v)	
			Vegetable and tomato broth (v)	<input type="checkbox"/> 1	2 x Fruit <input type="checkbox"/> 2 Twin pack Biscuits - Crisps	TEA
SUN	500ml Milk Cereal	<input type="checkbox"/> 1	Texas Beefburger, Flour bap & Fruit	<input type="checkbox"/> 1	Roast Beef in gravy, Wedges & Carrots	LUNCH
	Porridge	<input type="checkbox"/> 2	Baked potato & Cheese (v)	<input type="checkbox"/> 2	King Rib, Wedges & carrots	SWEET
	Preserve Bread (Daily)	<input type="checkbox"/> 3	Chilli & mixed pepper cous cous salad (v)	<input type="checkbox"/> 3	Creamy Veg Pie, Wedges & Carrots (v)	
			Lentil soup (v)	<input type="checkbox"/> 1	2 x Fruit <input type="checkbox"/> 2 Twin Pack Biscuits - Crisps	TEA

THE MENU IS SUBJECT TO CHANGE DUE TO AVAILABILITY OF RATIONS FROM OUR SUPPLIERS.

B/B (All Sandwiches on the menu are prepared using Brown Bread and spread with low fat mayonnaise where appropriate)

(v) SUITABLE FOR VEGETARIANS

(h) May contain Halal ingredients

Before you order your food, please speak to a member of the catering team if you have a food allergy or intolerance

Menu Choice - You Choose

Name: _____

Menu 1 - Week Commencing 24th December 2018

Location: _____

Please put number choices in right hand boxes Lunch - Sweet - Tea

Breakfast		Lunch		Tea		
MON	250ml Milk	1 2 x Slice of Bacon, Deli Roll & Ketchup 2 Mackerel salad 3 Chips, Rice and Curry sauce Scotch broth (v)	1 Keema Aloo, Boiled Rice & Pitta bread 2 4 x Chopped pork, 2 x wholemeal rolls & Crisps 3 Macaroni cheese & 1/2 a garlic roll (v) 1 Fresh fruit (v) 2 Rice Pudding	<input type="checkbox"/>	LUNCH	
	Cereal				SWEET	
	Porridge				TEA	
	Preserve					
TUES	Bread (Daily)	1 Roast Chicken Breast, Stuffing, Pigs N Blankets Roast Pots, Gravy, Medley of Winter Veg 2 Mushroom Wellington, Roast Pots, Medley of Winter Veg 3 Cream of Tomato Soup (v) Black Forrest Gateau - Cream	1 Pot Noodle, KP Crisps, Fresh Fruit, 250ml Milk Bottle of Juice, Mars Bar, Coffee/Sugar Sachets 2 3 1 <input type="checkbox"/>	<input type="checkbox"/>	LUNCH	
	500ml Milk				SWEET	
	Weetabix				TEA	
	Fruit Juice					
WED	Preserve	1 1/4 pounder burger, Flour bap & salad 2 Chicken tikka sandwich & Fruit (h) 3 6 x Veg pakora, salad and sweet chilli dip (v) Lentil & Vegetable soup (v)	1 Chinese chicken curry, boiled rice & Pitta bread (h) 2 2 x Pork sausage in onion gravy, Chips & Mixed Vegetables 3 2 x Red onion and Rosemary sausages in onion gravy, Chips & mixed veg (v) 1 Fresh fruit (v) 2 Apple crumble & Custard	<input type="checkbox"/>	LUNCH	
	Bread (Daily)				SWEET	
	250ml Milk				TEA	
	Cereal					
THUR	Porridge	1 Chopped pork salad sandwich & fruit 2 Tuna Mayo pasta & Fruit 3 Cheesy Coleslaw baked potato Yellow pea soup (v)	1 Minced beef and potato pie, Baby Boilers, Gravy & Mixed Vegetables 2 Roast Chicken Leg, Baby Boilers, Gravy & Mixed Vegetables 3 Mushroom Carbonara & Crusty bread 1 Fresh fruit (v) 2 Ice cream	<input type="checkbox"/>	LUNCH	
	Preserve				SWEET	
	Bread (Daily)				TEA	
	250ml Milk					
FRI	Cereal	1 Scotch Pie & spaghetti hoops 2 Ham & Cheese Omelette & Spaghetti hoops 3 Oriental Veg stir fry & Noodles (v) Tomato soup (v)	1 Breaded Fish, Peas & Mini rosti 2 Spicy beef Pizza, Peas & Mini rosti 3 2 x Veg spring rolls, Peas & Mini rosti 1 Fresh fruit (v) 2 Choc sponge & custard	<input type="checkbox"/>	LUNCH	
	Porridge				SWEET	
	Preserve				TEA	
	Bread (Daily)					
SAT	500ml Milk	1 1 x Lorne, 1 x Bacon, 1 x boiled egg, beans Bread roll & spread 2 2 x Veg sausage, 1 x boiled egg, Beans, Bread roll & spread (v) 3 Assorted fruit bag (4) (v) Vegetable and tomato broth (v)	1 Steak & Sausage pie, roasters & mixed veg 2 Smoked sausage Mayo pasta 3 Creamy Veg pie, roasters & mixed veg (v) 1 2 x Fresh fruit 2 Choc filled Donut & Crisps	<input type="checkbox"/>	LUNCH	
	Cereal				SWEET	
	Porridge				TEA	
	Preserve					
SUN	Bread (Daily)	1 Chicken steak, seeded bun, Mayo & Crisps 2 2 x Corned beef rolls & Crisps 3 2 x Cheese & Pickle rolls & Crisps (v) Lentil Soup (v)	1 Beefburger, 2 hash browns, Gravy & sliced carrots 2 Jumbo Hot Dog, Finger roll, Mustard sachet, 2 hash browns & sliced carrots 3 Vegetable Kiev, 2 hash browns, Gravy & Sliced carrots (v) 1 2 x Fresh fruit 2 Choc Muffin & Crisps	<input type="checkbox"/>	LUNCH	
	500ml Milk				SWEET	
	Cereal				TEA	
	Porridge					

This menu is subject to change due to availability of stock from suppliers
 B/B (All Sandwiches on the menu are prepared using 50/50 or Brown Bread)
 (V) SUITABLE FOR VEGETARIANS (h) May contain Halal ingredients

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