



HMP EDINBURGH MENU WEEK 1

NAME:if you have a food allergy
 NUMBER: contact the health centre as soon
 LOCATION: as possible after admission

"V" DENOTES VEGETARIAN CHOICE
 "LF" DENOTES LOW FAT CHOICE

W/C: 24/12/2018

healthy living
 award
 the plan of healthier food

BREAKFAST	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	CEREAL/MILK/ROLL/JAM	SOUP OF THE DAY	CONTINENTAL B/FAST	SOUP OF THE DAY	CEREAL/MILK/ROLL/JAM	SOUP OF THE DAY	CEREAL/MILK/ROLL/JAM	SOUP OF THE DAY	CEREAL/MILK/ROLL/JAM	SOUP OF THE DAY	CEREAL/MILK/ROLL/JAM	SOUP OF THE DAY	CEREAL/MILK/ROLL&PRESERVE	CEREAL/MILK/ROLL&PRESERVE
SOUP	1	2 X LORNE SAUSAGE 2 X SOFT ROLLS SAUCE	1	X/MAS LUNCH MENU CHOICE 1 CHICKEN WITH TRIMMINGS POTATOES AND VEG	1	PILCHARD & MIXED PEPPER MARIE ROSE PASTA SALAD TRAY/WRAP	1	BEEFBURGER SOFTIE ROLL/TOMATO KETCHUP	1	HAM L/F MAYO SANDWICH FRUIT	1	BOILED EGG 1 X LINK, BLACK PUDDING 2 X ROLL AND POTATO SCONE	1	JUMBO SAUSAGE BAGUETTE/SAUTE ONIONS/SAUCE
	2	TUNA AND RED ONION MAYO TUB WITH BAKED POTATO	2	X/MAS LUNCH MENU CHOICE 2 CREAMY VEG KIEV POTATOES AND VEG	2	2X LINK SAUSAGE 1X BLACK PUDDING 2X ROLLS	2	HOT DOG ROLL with ONIONS TOMATO SAUCE	2	MACARONI CHEESE/ GARLIC BREAD	2	1 X BOILED EGG 1 X VEG BURGER/VEG NUGGETS/POT SCONE 2 X ROLL	2	ONE POT CHEESY RAVIOLA WITH GARLIC BREAD
	3	SPICY BEANS WITH BOILED RICE	3		3	VEGETABLE KORMA AND RICE	3	SAVOURY FRIED RICE WITH CURRY SAUCE	3	VEGETABLE LASAGNE/GARLIC BREAD	3		3	VEGETABLE NUGGETS WITH OVEN BAKED SPICY WEDGES
LUNCH	1		1	GATEAUX/CREAM	1				1		1			
	2		2		2				2		2			
VEG	1	TURNIP	1	X/MAS TEA MENU CHOICE 1 COLD MEAT PLATTER WITH PASTA	1	CHICKEN KORMA AND BOILED RICE	1	SAVOURY MINCE WITH BABY BOILED POTATOES	1	CUMBERLAND SAUSAGE WITH ONION GRAVY AND MASH	1	SCOTCH PIE POTATO WEDGES AND BAKED BEANS	1	KING RIB POTATO CROQUETTES AND GREEN BEANS
	2	TRADITIONAL SCOTTISH HAGGIS WITH MASHED POTATO	2	X/MAS TEA MENU CHOICE 2 SPICY VEG BURGER & WEDGES	2	FORFAR BRIDIE POTATOES AND BEANS	2	BRAISED LIVER AND ONIONS WITH BOILED POTATOES	2	BAKED BREADED FISH & CHIPS	2	VEGETABLE ITALIENNE PASTA WITH GARLIC BREAD	2	BRAISED BURGER CROQUETTES AND GREEN BEANS
	3	VEGETABLE HAGGIS WITH MASHED POTATOES	3		3	ONE POT CHEESY CAULIFLOWER	3	VEGETABLE AND LENTIL COTTAGE PIE	3	CHEESE PASTA SALAD TRAY	3	BAKED POTATO WITH BAKED BEANS	3	SPICY BEAN BURGER/ GREEN BEANS AND TOSSED SALAD
SWEET	1	FRUIT YOGHUR	1	LOCK UP PACK	1	FRUIT MUFFIN	1	MOUSSE	1	SHORTBREAD	1	1:CHOC ICE	1	1:DOUGHNUT
	2	FRUIT	2	LOCK UP PACK	2	LOCK UP PACK	2	FRUIT	2	FRUIT	2	2:FRESH FRUIT	2	2:FRESH FRUIT

IF THE RELEVANT CHOICES ARE NOT MARKED AND HANDED BACK TO THE STAFF WITHIN THE APPROPRIATE TIMESCALE A CHOICE THREE WILL BE MARKED FOR YOU. THIS WILL NOT BE CHANGED ON THE DAY OF SERVICE. THE MENU IS ALSO SUBJECT TO CHANGE DUE TO AVAILABILITY OF RATIONS FROM OUR SUPPLIERS.



HMP EDINBURGH MENU

WEEK 2



"V" DENOTES VEGETARIAN CHOICE

"LF" DENOTES LOW FAT CHOICE

W/C: 31/12/2018

NAME:.....if you have a food allergy

NUMBER:..... contact the health centre as soon

LOCATION:..... as possible after admission

BREAKFAST	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		
	CEREAL/MILK/ROLL/JAM	SOUP OF THE DAY	CONTINENTAL B/FAST	SOUP OF THE DAY	CEREAL/MILK/ROLL/JAM	SOUP OF THE DAY	CEREAL/MILK/ROLL/JAM	SOUP OF THE DAY	CEREAL/MILK/ROLL/JAM	SOUP OF THE DAY	CEREAL/MILK/ROLL/JAM	SOUP OF THE DAY	CEREAL/MILK/ROLL/JAM	SOUP OF THE DAY	
SOUP	1 Tuna mayo sweetcorn with baked potato	1 Pilehard pasta salad tray/tortilla wrap	1 HOMEMADE STEAK AND SAUSAGE PIE POTATOES/VE G	1 Link sausagewith chips and baked beans	1 Ham baguette with fresh fruit	1 Boiled egg,link sausage,1x black pudding,fried bread,2x rolls	1 Traditional scotch pie with baked beans	2 Chicken pasta bake with garlic bread	2 Chicken fillet with roll/mayo sachet and Fresh Fruit	2 Cheese and tomato pizza	2 Plain omelette with oven baked potato wedges	2 Boiled egg 2x veggie bangers 1x veg quarter, 2x rolls	2 2 x lorne sausage rolls with brown/tomato sauce	2 2 x rolls with veg burgers	2 2 x lorne sausage rolls with brown/tomato sauce
LUNCH	3 Savoury mushroom pasta bake with garlic bread	3 Veg pattia and noodles	3 MUSHROOM WITH BRIE AND CRANBERRY PARCEL	3 Baked potato with baked bean filling	3 One pot vegetable pasta bake	3 2 x lorne sausage rolls with brown/tomato sauce	3 2 x rolls with veg burgers	1 Savoury mushroom pasta bake with garlic bread	1 Gateaux/cream	1 Mushy peas	1 Plumb tomatoes	1 Lock up pack	1 Lock up pack	1 Lock up pack	
VEG	1 Turkey tandoori with boiled rice	1 Chicken curry with boiled rice	1 TRADITIONAL MEAT PLATTER PASTA/CRUSTY BAGUETTE	1 Pork and tomato casserole with rice	1 4X Fish fingers with chips/tomato sauce	1 Corned beef and onion stovies with brown sauce sachet	1 Gammon steak with boiled potatoes and carrots	2 Chicken leg with roast pots and gravy	2 Savoury spring roll and potato wedges	2 Italiene pasta bolognese with garlic bread	2 Sliced ham/turkey and cheese with 2 x rolls	2 chicken kiev with boiled potatoes and carrots	2 chicken kiev with boiled potatoes and carrots	2 chicken kiev with boiled potatoes and carrots	
TEA	3 Vegetable balti with boiled rice	3 Vegetable hotpot	3 SPICY VEG SAMOSA WITH SAVOURY RICE AND DIP	3 Tomato and vegetable pie with boiled potatoes	3 Vegetable italiene with spaghetti	3 Baked potato with spicy bean filling	3 Vegetable pakora with spicy rice and chilli sauce	1 Vegetable balti with boiled rice	1 Vegetable hotpot	1 Vegetable italiene with spaghetti	1 Baked potato with spicy bean filling	1 Vegetable pakora with spicy rice and chilli sauce	1 Vegetable pakora with spicy rice and chilli sauce	1 Vegetable pakora with spicy rice and chilli sauce	
SWEET	1 ICE CREAM	1 CHOC MUFFIN	1 LOCK UP PACK	1 SPONGE AND CUSTARD	1 ICE STICK	1 DOUGHNUT	1 MOUSSE	2 FRUIT	2 FRUIT	2 FRUIT	2 FRUIT	2 FRUIT	2 FRUIT	2 FRUIT	

IF THE RELEVANT CHOICES ARE NOT MARKED AND HANDED BACK TO THE STAFF WITHIN THE APPROPRIATE TIMESCALE THEN THE MOST POPULAR CHOICE WILL BE MARKED FOR YOU. THIS WILL NOT BE CHANGED ON THE DAY OF SERVICE. THE MENU IS ALSO SUBJECT TO CHANGE DUE TO AVAILABILITY OF RATIONS FROM OUR SUPPLIERS.



Duffin Paul

From: Ford Lorraine
Sent: 26 November 2018 09:36
To: Duffin Paul
Subject: RE: FOI assistance

Hi Paul,

Edinburgh has made £5000 available from CGF to top up festive meals.

Lorraine

From: Duffin Paul
Sent: 26 November 2018 09:21
To: SPS Finance Managers <FinanceManagers@sps.pnn.gov.uk>
Subject: FOI assistance

Colleagues

I am preparing a response to an FOI and require some information. Can you tell me how much additional money has been made available to top up the cost of meals over the festive season. Xmas day, boxing day, New year, 2nd Jan.

I require a response by the 8th December please.

Many thanks

Paul

Paul Duffin

Paul Duffin | Population, HDC & Complaints Manager | Operations Directorate

Scottish Prison Service | Calton House | 5 Redheughs Rigg | Edinburgh | EH12 9HW

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