

**HMP DUMFRIES 2018 NEW YEAR HALAL MENU WEEK 1 GREEN - WEEK 31/12/2018**

	BREAKFAST		LUNCH		TEA		Additional Menu Information	
M O N	250ml Semi-Skimmed Milk Cereal Portion (V)	Vegetable Pasta (V)		Halal Braised Burger & Potatoes	1			Print Name
		Egg Mayonnaise Roll (V)	2	Halal Sausage Bean Casserole	2		.....	Prisoner
		Baked Potato & Chilli Mince <b>Homemade Soup</b>	3	Veg Kiev & Potatoes (V) <b>Apple Crumble &amp; Custard or Fruit</b>	3	2 x Slices of Bread with Soup		Prisoner
T U E S	*See Overleaf*	FESTIVE MENUS	1	FESTIVE MENUS	1	*See Overleaf*		.....
			2		2			
			3		3			
W E D	*See Overleaf*	FESTIVE MENUS	1	FESTIVE MENUS	1	*See Overleaf*		Halal/Location
			2		2		(e.g. A1/3)	
			3		3		.....	
T H U R	250ml Semi-Skimmed Milk Cereal Portion (V)	Fried Egg (1), Lorne Sausage (1) Rolls	1	Chicken Korma & Rice	1		<b>WEEK 1 GREEN MENU</b>	
		Chicken Tikka Wrap		Chilli & Rice	2			
		Baked Potato & Coleslaw (V) <b>Homemade Soup</b>		Veg Samosa & Rice (V) <b>Chocolate Sponge or Fruit</b>	3	2 x Slices of Bread with Soup		
F R I	250ml Semi-Skimmed Milk Cereal Portion (V)	Halal Lorne Hash		Macaroni Cheese & Garlic Slice (V)	1		<b>MENU INFORMATION</b> Choose only one choice for each mealtime by putting an X in the box. Menu subject to change due to availability from our suppliers. <b>DIET KEY</b>	
		Tuna Mayo Sandwich		Chicken Fried Rice	2			
		Potato Wedges & Garlic Dip <b>Homemade Soup</b>		Cheese Savoury Baguette & 250ml Milk (V) <b>Fruit Yogurt or Fruit</b>	3	2 x Slices of Bread with Soup		
S A T	500ml Semi-Skimmed milk	Lorne Sausage, Burger, Potato Scone, Roll, Low Fat Spread, Fried Egg, Baked Beans. Veg Brunch: Quorn burger, Veg Sausage, Fried Egg, Beans, Potato Scone, Roll & Low Fat Spread (V) Choice 3: Healthy Brunch: 1 x Tomato, 3x Cheese Slice, Boiled Egg, Beans Roll, & Low Fat Spread.	2	Scotch Pie (Halal) & Chips	1		(V) = VEGETARIAN DISH Diabetic Diet Prisoners should follow the recommendations of the Food Standards Agency Eat Well Plate Model when selecting their Choice <b>Food Allergies and Intolerances</b> Before ordering please speak to Kitchen staff about your requirements <b>VEGETABLES SERVED EVERY EVENING MEAL</b>	
			2	Cheese Sandwich & Packet of Crisps (V)	2	1 Packet Biscuits		
			2	Cheese & Potato Pasty & Chips (V)	3			
S U N	500ml Semi-Skimmed milk	Lorne Sausage, Kofte, Potato Scone, Roll, Low Fat Spread, Boiled Egg, Baked Beans. Quorn burger, Veg Sausage, Boiled Egg, Beans, Potato Scone, Roll & Low Fat Spread. (V) Choice no 3: Healthy Brunch as Above (Saturday)	2	Chicken Leg & Creamed Potatoes	1			
			2	Egg Salad Sandwich & Packet Crisps (V)	2			
			2	Spicy Bean Burger & Potatoes (V)	3			

Print Name .....

Prisoner Number .....

Halal/Location (e.g. A1/3) .....

**WEEK 1 GREEN MENU**

**MENU INFORMATION**  
Choose only one choice for each mealtime by putting an X in the box. Menu subject to change due to availability from our suppliers.

**DIET KEY**

(V) = VEGETARIAN DISH  
Diabetic Diet Prisoners should follow the recommendations of the Food Standards Agency Eat Well Plate Model when selecting their Choice  
**Food Allergies and Intolerances**  
Before ordering please speak to Kitchen staff about your requirements  
**VEGETABLES SERVED EVERY EVENING MEAL**

# NOTICE TO PRISONERS

## New Year's Day

Breakfast Cereal & 500ml Milk

## Mid-Morning Rolls (Served in Hall)

2 x Rolls Lorne Sausage & Tomato Sauce Sachet

## New Year's Day Lunch

Home Made Traditional Steak Pie

Creamed Potatoes

Roast Potatoes

Sliced Carrots & Turnip

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Home Made Traditional Trifle

## New Year's Day Tea Meal

2 x Cheese Filled rolls

Packet of Crisps & Chocolate Biscuit

Bottle Juice & Cup soup

Packet of Biscuits

Mince Pie

## 31st December

Breakfast Cereal & 500ml Milk

## Mid-Morning Rolls (Served in Hall)

2 x Rolls Lorne Sausage & Tomato Sauce

## 31st December Lunch

Roast Chicken Breast

Pepper Sauce or Gravy

Chips

Peas & Onion Rings

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Gateaux & Fresh Cream

## 31st December Tea Meal

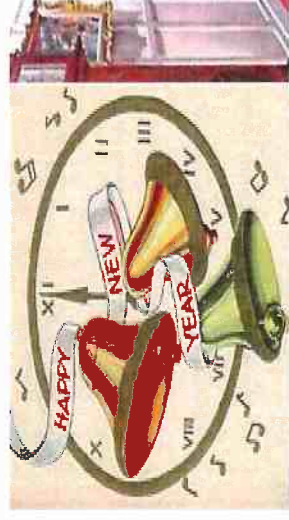
2 x Cheese Filled rolls

Packet of Crisps

Carton Juice

Cup soup

Chocolate Selection Box



	BREAKFAST			LUNCH			TEA			Additional Menu Information		
MON	250ml Semi-Skimmed Milk Cereal Portion (V)	Smoked Sausage Pasta	1	Braised Burger & Potatoes	1	2 x Slices of Bread with Soup	Print Name ..... Prisoner Number .....	Hall/Location (e.g. A1/3) .....	ALL SANDWICH /ROLL/BAGUETT /E/BAP CHOICES WILL CONTAIN MAYO	MENU INFORMATION Choose only one choice for each mealtime by putting an X in the box. Menu subject to change Due to Availability from our suppliers. <b>DIET KEY</b>	(V) = VEGETARIAN DISH Diabetic Diet Prisoners should follow the recommendations of the Food Standards Agency Eat well Plate Model when selecting their Choice Food Allergies and intolerances Before ordering please speak to Kitchen staff about your requirements <b>VEGETABLES SERVED EVERY EVENING MEAL</b>	
		Egg Mayonnaise Roll (V)	2	Sausage Bean Casserole Veg Kiev & Potatoes (V)	2							
		Baked Potato & Chilli Mince <b>Homemade Soup</b>	3	Apple <b>Crumble &amp; Custard</b> or Fruit	3							
TUES	*See Overleaf*	Festive Menus	1	Festive Menus	1	*See Overleaf*	*See Overleaf*	*See Overleaf*	*See Overleaf*	*See Overleaf*	*See Overleaf*	
			2		2							
			3		3							
WED	*See Overleaf*	Festive Menus	1	Festive Menus	1	*See Overleaf*	*See Overleaf*	*See Overleaf*	*See Overleaf*	*See Overleaf*	*See Overleaf*	
			2		2							
			3		3							
THUR	250ml Semi-Skimmed Milk Cereal Portion (V)	Fried Egg, Lorne Rolls	1	Chicken Korma & Rice	1	2 x Slices of Bread with Soup	Print Name ..... Prisoner Number .....	Hall/Location (e.g. A1/3) .....	ALL SANDWICH /ROLL/BAGUETT /E/BAP CHOICES WILL CONTAIN MAYO	MENU INFORMATION Choose only one choice for each mealtime by putting an X in the box. Menu subject to change Due to Availability from our suppliers. <b>DIET KEY</b>	(V) = VEGETARIAN DISH Diabetic Diet Prisoners should follow the recommendations of the Food Standards Agency Eat well Plate Model when selecting their Choice Food Allergies and intolerances Before ordering please speak to Kitchen staff about your requirements <b>VEGETABLES SERVED EVERY EVENING MEAL</b>	
		Chicken Tikka Wrap		Chilli & Rice								
		Baked Potato & Coleslaw (V) <b>Homemade Soup</b>		Veg Samosa & Rice (V)	3							
FRI	250ml Semi-Skimmed Milk Cereal Portion (V)	Corned Beef Hash		Macaroni Cheese & Garlic Slice (V)	1	2 x Slices of Bread with Soup	Print Name ..... Prisoner Number .....	Hall/Location (e.g. A1/3) .....	ALL SANDWICH /ROLL/BAGUETT /E/BAP CHOICES WILL CONTAIN MAYO	MENU INFORMATION Choose only one choice for each mealtime by putting an X in the box. Menu subject to change Due to Availability from our suppliers. <b>DIET KEY</b>	(V) = VEGETARIAN DISH Diabetic Diet Prisoners should follow the recommendations of the Food Standards Agency Eat well Plate Model when selecting their Choice Food Allergies and intolerances Before ordering please speak to Kitchen staff about your requirements <b>VEGETABLES SERVED EVERY EVENING MEAL</b>	
		Tuna Mayo Sandwich		Chicken Fried Rice	2							
		Potato Wedges (9) & Garlic Dip <b>Homemade Soup</b>		Cheese Savoury Baguette & 250ml Milk Fruit Yogurt or Fruit	3							
SAT	500ml Semi-Skimmed milk	Lorne Sausages, Black Pudding, Potato Scone, Roll, Low Fat Spread, Fried Egg, Baked Beans. Veg Brunch: Quorn burger, Veg Sausage, Fried Egg, Beans, Potato Scone, Roll & Low Fat Spread Choice 3: Healthy Brunch: 2 x Slices Cold Meat, 1x Cheese Slice, Baked Egg, Fruit, Roll, & Low Fat Spread.	2	Chopped Pork Sandwich & Packet of Crisps	2	1 Packet Biscuits	Print Name ..... Prisoner Number .....	Hall/Location (e.g. A1/3) .....	ALL SANDWICH /ROLL/BAGUETT /E/BAP CHOICES WILL CONTAIN MAYO	MENU INFORMATION Choose only one choice for each mealtime by putting an X in the box. Menu subject to change Due to Availability from our suppliers. <b>DIET KEY</b>	(V) = VEGETARIAN DISH Diabetic Diet Prisoners should follow the recommendations of the Food Standards Agency Eat well Plate Model when selecting their Choice Food Allergies and intolerances Before ordering please speak to Kitchen staff about your requirements <b>VEGETABLES SERVED EVERY EVENING MEAL</b>	
			BRUNCH Link Sausage, Black Pudding, Potato Scone, Roll, Low Fat Spread, Boiled Egg, Baked Beans.		Cheese & Potato Pasty & Chips (V)							
			BRUNCH Link Sausage, Black Pudding, Potato Scone, Roll, Low Fat Spread, Boiled Egg, Baked Beans. Quorn burger, Veg Sausage, Boiled Egg, Beans, Potato Scone, Roll & Low Fat Spread. (V) Choice no 3: Healthy Brunch as Above (Saturday)		Chicken Leg & Creamed Potatoes							1
SUN	500ml Semi-Skimmed milk	Link Sausage, Black Pudding, Potato Scone, Roll, Low Fat Spread, Boiled Egg, Baked Beans. Quorn burger, Veg Sausage, Boiled Egg, Beans, Potato Scone, Roll & Low Fat Spread. (V) Choice no 3: Healthy Brunch as Above (Saturday)	2	Turkey Salad Sandwich & Packet Crisps	2	1 Packet Biscuits	Print Name ..... Prisoner Number .....	Hall/Location (e.g. A1/3) .....	ALL SANDWICH /ROLL/BAGUETT /E/BAP CHOICES WILL CONTAIN MAYO	MENU INFORMATION Choose only one choice for each mealtime by putting an X in the box. Menu subject to change Due to Availability from our suppliers. <b>DIET KEY</b>	(V) = VEGETARIAN DISH Diabetic Diet Prisoners should follow the recommendations of the Food Standards Agency Eat well Plate Model when selecting their Choice Food Allergies and intolerances Before ordering please speak to Kitchen staff about your requirements <b>VEGETABLES SERVED EVERY EVENING MEAL</b>	
			BRUNCH Link Sausage, Black Pudding, Potato Scone, Roll, Low Fat Spread, Boiled Egg, Baked Beans.		Spicy Bean Burger & Potatoes (V)							
			BRUNCH Link Sausage, Black Pudding, Potato Scone, Roll, Low Fat Spread, Boiled Egg, Baked Beans. Quorn burger, Veg Sausage, Boiled Egg, Beans, Potato Scone, Roll & Low Fat Spread. (V) Choice no 3: Healthy Brunch as Above (Saturday)									

# NOTICE TO PRISONERS

*Breakfast Cereal & 500ml Milk*

**Mid-Morning Rolls (Served in Hall)**

*2 x Rolls Lorne Sausage & Tomato Sauce Sachet*

*Breakfast Cereal & 500ml Milk*

**Mid-Morning Rolls (Served in Hall)**

*2 x Rolls Link Sausage & Tomato Sauce Sachet*

**New Year's Day Lunch**

*Home Made Traditional Steak Pie*

*Creamed Potatoes*

*Roast Potatoes*

*Sliced Carrots & Turnip*

**31<sup>st</sup> December Lunch**

*Roast Chicken Breast*

*Pepper Sauce or Gravy*

*Chips*

*Peas & Onion Rings*

*Home Made Traditional Trifle*

**New Year's Day Tea Meal**

*2 x Ham or Cheese Filled rolls*

*Packet of Crisps & Chocolate Biscuit*

*Bottle Juice & Cup soup*

*Packet of Biscuits*

*Mince Pie*

*Gateaux & Fresh Cream*

**31<sup>st</sup> December Tea Meal**

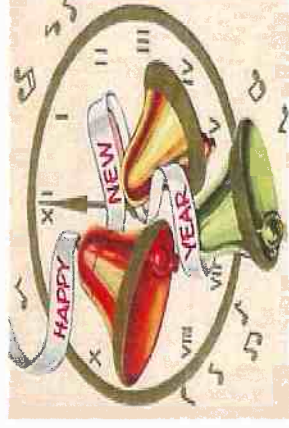
*2 x Chopped Pork or Cheese Filled rolls*

*Packet of Crisps*

*Carton Juice*

*Cup soup*

*Chocolate Selection Box*



**HMP DUMERIES 2018 CHRISTMAS HALAL MENU WEEK 3 BLUE 24.12.18**

	<u>BREAKFAST</u>	<u>LUNCH</u>	<u>TEA</u>	<u>Print Name</u>	<u>Additional Menu Information</u>
<b>M O N</b>	250ml Semi-Skimmed Milk Cereal (V)	Tuna Bake	Spicy Bean Burger & Chips (V)	1	2 SLICES OF BREAD WITH SOUP
		Egg Mayo Sandwich (V)	Chicken Chow Mein	2	
		Baked Potato & Chicken Tikka	Vegetable Sausage Hot Pot (V)	3	
		<b>Homemade Soup</b>	<b>Chocolate Sponge &amp; Custard or Fruit</b>		
<b>T U E S</b>	*See Overleaf*	<b>FESTIVE MENU</b>	<b>FESTIVE MENU</b>	1	*See Overleaf*
				2	
				3	
<b>W E D</b>	*See Overleaf*	<b>FESTIVE MENU</b>	<b>FESTIVE MENU</b>	1	*See Overleaf*
				2	
				3	
<b>T H U R</b>	250ml Semi-Skimmed Milk Cereal (V)	(2) Vegetarian Pizza Slices (V)	Beef Rogan Josh & Rice	1	2 SLICES OF BREAD WITH SOUP
		BBQ Chicken Wrap	Veg Samosa Rice	2	
		Baked Potato & Keema Aloo	Chilli Con Carne & Rice	3	
		<b>Homemade Soup</b>	<b>Caramel Tart or Fruit</b>		
<b>F R I</b>	250ml Semi-Skimmed Milk Cereal (V)	Chips & Cheese (V)	Mince & Potatoes	1	2 SLICES OF BREAD WITH SOUP
		Tuna & sweetcorn Wrap & Salad	Egg Mayo Baguette & 250ml Milk (V)	2	
		Baked Potato & Vegetable Curry (V)	Chicken Kiev & Potatoes	3	
		<b>Homemade Soup</b>	<b>Fruit Yoghurt or Fruit</b>		
<b>S A T</b>	500ml Semi-Skimmed milk	Lorraine Sausage, Burger, Potato Scone, Beans, Roll, Low Fat Spread, Fried Egg.	Halal Burger Roll & Chips	1	ALL SANDWICH /ROLL/BAGUETTE/BA P CHOICES WILL CONTAIN MAYO
		Quorn Burger, Sausage, Fried Egg, Beans, Potato Scone, Roll & Low Fat Spread (V)	Cheese Sandwiches & a Packet of Crisps (V)	2	
		Choice no 3: Healthy Brunch: 1 x Tomato, 3x Slice Cheese, Boiled Egg, Beans, Roll & Low Fat Spread	Lentil Dahl & Chips (V)	3	
		<b>BRUNCH</b>	Chicken & Veg Pie & Potatoes	1	
		Lorraine Sausage, Kofte, Potato Scone, Beans, Boiled Egg, Roll & Low Fat Spread.	Tuna Mayo Sandwich & a Packet of Crisps	2	
		Quorn Burger, Veg Sausage, Potato Scone, Boiled Egg, Beans, Roll & Low Fat Spread (V)	Creamy Vegetable Pie & Potatoes (V)	3	
		Choice no 3: Healthy Brunch as Above (Saturday).			

**WEEK 3 BLUE MENU**

**MENU INFORMATION**  
Choose only one choice for each mealtime by putting an X in the box.

Menu subject to change due to availability from our suppliers.

**DIET KEY**  
(V) = VEGETARIAN DISH

**Diabetic Diet Prisoners**  
Should follow the recommendations of the Food Standards Agency Eat well Plate Model when selecting their Choice

**Food Allergies and Intolerances**  
Before ordering please speak to Kitchen staff about your requirements

**VEGETABLES SERVED AT EVERY EVENING MEAL**

# NOTICE TO PRISONERS

## Christmas Day Morning

Breakfast Cereal & 500 ml Milk

## Boxing Day Morning

Breakfast Cereal & 250ml Milk

## Mid-Morning Rolls (Served in Hall)

2 x Rolls Lorne Sausage & Tomato Sauce Sachet

## Mid-Morning Rolls (Served in Hall)

2 x Rolls Lorne Sausage & Tomato Sauce Sachet

## Christmas Day Lunch

Chicken Breast with Gravy

Creamed Potatoes

Roast Sea Salt Potatoes

Buttered Carrots & Brussel Sprouts

Traditional Stuffing & Pork Sausage

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Home Made Christmas Trifle

## Boxing Day Lunch

Curry

Chips

Rice

Naan Bread

Onion Rings

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Gateaux & Fresh Cream

## Christmas Tea Meal

2 x Cheese Filled rolls

Packet of Crisps & Chocolate Biscuit

Bottle Juice & Cup soup

Packet of Biscuits

Mince Pie

## Boxing Day Tea Meal

2 x Cheese Filled rolls

Packet of Crisps

Carton Juice

Cup soup

Festive Selection Box



**HMP DUMFRIES 2018 MULTI FAITH MENU CHRISTMAS MENU WEEK 3 Blue – 24/12/2018**

	<u>BREAKFAST</u>	<u>LUNCH</u>	<u>TEA</u>	<u>Additional Menu Information</u>	<u>Print Name</u>	
<b>M O N</b>	250ml Semi-Skimmed Milk Cereal (V)	Tuna Bake	King Rib & Chips	1	2 SLICES OF BREAD WITH SOUP	
		Egg Mayo Sandwich (V)	Chicken Chow Mein	2		
		Baked Potato & Chicken Tikka <i>Homemade Soup</i>	Vegetable Sausage Hot Pot (V) <i>Chocolate Sponge &amp; Custard or Fruit</i>	3		
<b>T U E S</b>	*See Overleaf*	<b>FESTIVE MENU</b>	<b>FESTIVE MENU</b>	1	*See Overleaf*	
				2		
				3		
<b>W E D</b>	*See Overleaf*	<b>FESTIVE MENU</b>	<b>FESTIVE MENU</b>	1	*See Overleaf*	
				2		
				3		
<b>T H U R</b>	250ml Semi-Skimmed Milk Cereal (V)	(2) Vegetarian Pizza Slices (V)	Beef Rogan Josh & Rice	1	2 SLICES OF BREAD WITH SOUP	
		BBQ Chicken Wrap & Salad	Veg Samosa Rice	2		
		Baked Potato & Keema Aloo <i>Homemade Soup</i>	Chilli Con Carne & Rice <i>Caramel Tart or Fruit</i>	3		
<b>F R I</b>	250ml Semi-Skimmed Milk Cereal (V)	Tuna & Sweetcorn Mayo Wrap & Salad	Haggis & Potatoes	1	2 SLICES OF BREAD WITH SOUP	
		Baked Potato & Vegetable Curry (V)	Egg Mayo Baguette & 250ml Milk (V) <i>Fruit Yoghurt or Fruit</i>	2		
		<b>Homemade Soup</b>		Chicken Kiev & Potatoes		3
<b>S A T</b>	500ml Semi-Skimmed milk	Lorrie Sausage, Black Pudding, Potato Scone, Beans, Roll, Low Fat Spread, Fried Egg. Quorn Burger, Sausage, Fried Egg, Beans, Potato Scone, Roll & Low Fat Spread (V) Choice no 3: Healthy Brunch: 2x Slices Cold Meat, 1x Slice Cheese, Boiled Egg, Beans, Fruit, Roll & Low Fat Spread <b>BRUNCH</b>	Burger Roll & Chips	1	ALL SANDWICH /ROLL/BAGUETTE/BA P CHOICES WILL CONTAIN MAYO	
			Ham Sandwiches & a Packet of Crisps	Lentil Dahl & Chips (V)		2
			Chicken & Veg Pie & Potatoes	1		
<b>S U N</b>	500ml Semi-Skimmed milk	Link Sausage, Black Pudding, Potato Scone, Beans, Boiled Egg, Roll & Low Fat Spread, Quorn Burger, Veg Sausage, Potato Scone, Boiled Egg, Beans, Roll & Low Fat Spread (V) Choice no 3: Healthy Brunch as Above (Saturday).	Tuna Mayo Sandwich & a Packet of Crisps	2	ALL SANDWICH /ROLL/BAGUETTE/BA P CHOICES WILL CONTAIN MAYO	
			Creamy Vegetable Pie & Potatoes (V)	3		
			3			

**WEEK 3 BLUE MENU**

**MENU INFORMATION**  
Choose only one choice for each mealtime by putting an X in the box.

Menu subject to change due to availability from our suppliers.

**DIET KEY**  
(V) = VEGETARIAN DISH

**Diabetic Diet Prisoners**  
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**Food Allergies and intolerances**  
Before ordering please speak to Kitchen staff about your requirements

**VEGETABLES SERVED AT EVERY EVENING MEAL**

# NOTICE TO PRISONERS

## Christmas Day Morning

*Breakfast Cereal & 500 ml Milk*

## Boxing Day Morning

*Breakfast Cereal & 250ml Milk*

## Mid-Morning Rolls (Served in Hall)

*2 x Rolls Lorne Sausage & Tomato Sauce Sachet*

## Mid-Morning Rolls (Served in Hall)

*2 x Rolls Link Sausage & Tomato Sauce Sachet*

## Christmas Day Lunch

*Traditional Roast Turkey with Gravy  
Creamed Potatoes  
Roast Sea Salt Potatoes  
Buttered Carrots & Brussel Sprouts  
Traditional Stuffing & Pork Sausage*

## Boxing Day Lunch

*Gammon Steak  
Chips  
Pineapple & ½ Tomato  
Peas  
Onion Rings*

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*Home Made Christmas Trifle*

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*Gateaux & Fresh Cream*

## Christmas Tea Meal

*2 x Ham or Cheese Filled Rolls  
Packet of Crisps & Chocolate Biscuit  
Bottle Juice & Cup soup  
Packet of Biscuits  
Mince Pie*

## Boxing Day Tea Meal

*2 x Chopped Pork or Cheese Filled Rolls  
Packet of Crisps  
Carton Juice  
Cup a Soup  
Selection Box*

