



YOUNG PEOPLE IN CUSTODY

2015



15th Survey Bulletin

Research, Strategy and Innovation

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EXECUTIVE SUMMARY

Relationships & Atmosphere

A high percentage of young people responding to the Survey described their relationship with officers in their hall/dormitory (96%) and prisoners in their hall (95%) in positive terms. Atmosphere in the prison generally was also rated highly by young people (90%). This was also reflected among the adult prisoners who responded to the survey.

Food

The majority of young people expressed satisfaction with the timing of meals with 89% (81% adults) reporting that these were 'ok' or better. However, young people were critical of the size of the portions with 45% (45% adults) reporting that these were either 'fairly bad' or 'very bad'. Over half of young people (62%) and adults (53%) were content with the condition of the food when they got it and the choice of menu (54% young people; 62% adults).

Cleanliness

Nine in ten young people rated the level of cleanliness in their hall/dormitory (90%) and cleanliness of the showers (88%) as 'ok', 'fairly good' or 'very good'. In addition, eight in ten respondents commented positively on the toilet area (81%).

Hygiene & fitness

When asked how many times a week prisoners have at least 30 minutes of moderate exercise (like brisk walking), 38% said one or less times per week (compared to 22% adults), over a quarter (29%) said two to four times per week (compared to 25% adults), and a third (33%) said five or more times per week (compared to 53% adults).

With reference to recreation, 61% of respondents said they have recreation 3 to 5 times per week (12% adults), 24% have

recreation more than five times per week (55% adults) and 6% (15% adults) did not go.

Healthcare

Significantly fewer young people reported accessing doctors (49%) compared to eight in ten adults (79%). Three quarters (77%) of young people attended the nurse (compared to 81% adults) and one quarter (25%) were seen by the dentist (compared to 35% adults). One fifth (21%) of young people were seen by mental health staff (compared to 28% adults). Almost nine in ten (87%) young people rated the quality of healthcare in their prison positively (compared to only 58% of adults).

Mental health & well-being

Prisoners were asked questions on mental health by way of an instrument known as the Warwick-Edinburgh Mental Well-Being Scale (WEMWBS). Nine in ten young people (88%) reported that they had 'been able to make up my own mind about things' (88%), which is an increase of 9% from the 2013 survey (79%). Three quarters of those reporting had 'been thinking clearly' (75%), 'feeling confident' (75%), had 'been interested in new things' (75%) and had 'energy to spare' (74%).

Hepatitis C

Just over a quarter (27%) of young people who responded to the survey had been tested for Hepatitis in prison. Three quarters (79%) would take a Hepatitis C test if this were offered to them in prison and almost half (45%) had been given information about Hepatitis C while in prison.

Drug use

Over half (55%) of young people were under the influence of drugs at the time of the offence (compared to 39% adults) and one fifth (19%) committed their offence to get money to buy drugs (17% adults). Over a third (38%) indicated their drug taking was a problem for them on the outside (37% adults). One in ten (9%) were receiving treatment for

drug use before their imprisonment (compared to 22% adults).

Drug use in present prison in the last month

A third (32%) of young people said that they had ever used illegal drugs in prison, up from 28% in 2013 (and compared to 44% adults), and a quarter (26%) had used illegal drugs in the last month while in prison (24% adults). A minority of young people (1%, n=3) said had ever injected drug in prison, with only a few (1%, n=3) stating that they had done so in the last month.

Over half (55%) reported their drug use has changed during their current period in prison (76% adults), with two thirds (64%) stating that it had decreased (60% adults).

Drug treatment

Three in ten (29%) young people said that if they were offered help for their drug problem on the outside, they would take it, with 37% stating if they were offered help in prison they would take it (an increase of 3% from 2013). One in seven (14%) of young people were worried that drug taking would be a problem when they get out. One third (33%) were assessed for drug use on admission to prison (compared to 40% adults). Three in ten (29%) reported they had been given the chance to receive treatment for drug use during their sentence, with 19% stating that they had received treatment (compared to 24% adults).

Alcohol use

Six in ten (60%) young people reported being drunk at the time of their offence (compared to 41% adults). One in five (22%) reported that drinking affected their ability to hold down a job and 39% admitted drinking affected their relationship with their family (compared to 19% and 32% adults, respectively).

Over a third (38%) of young people said that if they were offered help for alcohol problems in prison they would take it. Significantly

fewer young people (29%) reported that if they were offered help for alcohol problems on the outside, they would take it. One fifth (19%) were worried that alcohol would be a problem for them when they are released from prison.

Domestic Violence

One in ten (13%) young people said they have been involved in violence towards their spouse or partner (compared to 23% adults) and a similar number (10%) had been convicted of an offence involving violence towards their spouse or partner (compared to 18% of adult prisoners). One in ten (10%) young people would wish to access interventions/support services which would help them with issues of violence in the home (compared to 20% adults).

Smoking

Eight in ten young people (81%) reported they smoked and half (50%) of those reporting expressed a desire to give up smoking. Almost half (48%) had received advice on smoking and its related health risks since coming into prison (compared to 39% adults). A similar number had used e-cigs (51%) before coming into prison (compared to 32% adults), and 70% said they would use e-cigs if they were available in prison (compared to 66% adult).

Contact with family and friends

Contact with friends and family in the community is of vital importance to the majority of prisoners and can impact on their quality of life and mental welfare. Young people reported having regular contact with their friends and family by letter (75%), by telephone (87%), and contact through visits (68%).

Bullying

A small number of young people (15%, n=50) reported being bullied in the month before the survey (compared to 12% of adult prisoners). The most frequently reported bullying of

young people involved name calling (n=36) and property (n=17).

Safety

Almost a fifth (17%) of young people reported fearing for their safety in prison in the last month (16% adult prisoners). Of those who reported fearing for their safety, two thirds stated that this was from a group of prisoners (n=31) or another prisoner (n=29). The most frequently cited areas where young people said they feared for their safety were the hall generally (n=29) and recreation (n=29).

In Care as a child

A third of young people (33%) reported being in care as a child, compared to almost a third of adult prisoners (31%). A quarter of young people (24%) were in care at the age.

Literacy & Numeracy

Half of young people (51%) said they attended a learning centre in prison (38% in 2013), compared to 46% of adult prisoners. Three quarters said they attended

literacy/numeracy (72%), six in ten art (61%) and almost half had attended IT (45%).

Knife Crime

Almost two thirds of young people (62%) stated they carried a knife, the highest percentage of all the establishments, and compared to 44% of adult prisoners. Four in ten (44%) of young people had carried a knife in the 12 months before coming into prison, more than double adult prisoners (21%).

Over a third (36%) of young people had been cautioned by the police for carrying a knife, 30% stating they have been convicted of a knife crime. Four in ten (44%) also said if they were cautioned for carrying a knife, that this would stop them.

A quarter (25%) of young people reported they were a member of a gang a drop of 10% on 2013 survey (35%), over three times the figure for adult prisoners (8%).

YOUNG PEOPLE IN CUSTODY PRISONER SURVEY 2015

Introduction

This Bulletin, which deals specifically with young males held by the Scottish Prison Service in HMYOI Polmont, is one of a number of thematic commentaries presenting the key findings from the 2015 Prisoner Survey. The Prisoner Survey was introduced to the Scottish Prison Service in 1990 as a mechanism to inform and support the Service's business planning process. The focus of the Survey has expanded over the years.

The Survey continues to focus upon the core elements of prison life: living conditions, family contact, healthcare, relationships, atmosphere and perceived safety. The Survey informs and shapes change by contributing to establishment and corporate business plans.

The Survey was carried out between June and July 2015 on an establishment-by-establishment basis. Prisoners' views were collected by means of a self-completion questionnaire, which was distributed and collected personally by the member's prison staff. The Survey involves all prisoners and all establishments.

The 15th Survey achieved an overall prisoner response rate of 55%. A total of 327 male young people participated in this survey, a response rate of 73%.

Over a quarter (29%) of prisoners said that they were on remand at the time of completing the 2015 prisoner survey; 71% had been sentenced.

Respondents' remand and custodial sentence history is outlined in Table 1. This shows that young people were most likely to report having been on remand between 1 and 5 times (57%), followed by having 'never' previously been on remand (31%).

Four in ten young people (42%) had 'never' previously served a prison sentence, while over half (53%) had served between 1 and 5 sentences. As expected, a higher percentage of the adult population had previously served a sentence 6-10 times (12%) and over 10 times (17%).

Table 1 Young people's prison history

	Never	1-5 times	6-10 times	Over 10 times
Number of times previously on remand	31	57	10	3
Number of times previously on a sentence	42	53	2	1

Three quarters (80%) were serving short-term sentences¹, with 20% serving long term sentences. Table 2 shows the sentence length of those prisoners reporting in the survey. In comparison, 59% of the adult population said they were serving a short term sentence, with 41% serving long term sentences.

¹ Sentences less than 4 years

Table 2 Sentence length

Up to 90 days	10	Over 4 yrs. up to 10 yrs.	16
Over 3 months up to 12	23	Over 10 years	0
Over 1 yrs. up to 4 yrs.	47	Life/WLT	4

Almost half of those reporting (44%) had served a sentence in the community (compared to 44% adults) and one third of young people (31%) had received a custodial sentence as a result of breaching a community sentence (compared to 32% adults).

Relationships & Atmosphere

Relationships between young people and staff were reported as particularly favourable by respondents. A high percentage of young people responding to the Survey described their relationship with officers in their hall/dormitory (96%) and prisoners in their hall (95%) in positive terms.

Equally good relations prevailed with vehicle staff (85%). Atmosphere in the prison generally was also rated highly by young people (90%). This was also reflected among the adult prisoners who responded to the survey.

Food

Young people held mixed views on food in prison, as did their adult counterparts. The majority expressed satisfaction with the timing of meals with 89% (81% adults) reporting that these were 'ok' or better. However, young people were critical of the size of the portions with 45% (45% adults) reporting that these were either 'fairly bad' or 'very bad'.

Over half of young people (62%) and adults (53%) were content with the condition of the food when they got it and the choice of menu (54% young people; 62% adults).

Cleanliness

Nine in ten young people rated the level of cleanliness in their hall/dormitory (90%) and cleanliness of the showers (88%) as 'ok', 'fairly good' or 'very good'. In addition, eight in ten respondents commented positively on the toilet area (81%). These figures are more positive when compared to the 2013 results (Table 3).

Table 3 Cleanliness

	2009	2011	2013	2015	Adults
The cleanliness of your hall	92	93	84	90	85
The cleanliness of the toilet area	85	87	74	81	84
The cleanliness of the showers	87	89	81	88	80
The cleanliness of your cell when you first moved in	55	55	56	61	62

Young people were asked to rate the condition of their cell when they first moved into it. As seen in Table 3 above, only 61% rated the condition of their cell positively. On a more positive note, the majority of young people reported receiving clean bedding on a weekly basis (88%), with 94% of adults stating this. Overall, young people held broadly similar views to adult prisoners in relation to cleanliness.

Hygiene & fitness

When asked how many times a week prisoners have at least 30 minutes of moderate exercise (like brisk walking), 38% said one or less times per week (compared to 22% adults), over a quarter (29%) said two to four times per week (compared to 25% adults), and a third (33%) said five or more times per week (compared to 53% adults). There appear to be differences in terms of the exercise undertaken by male young people and adults in other prisons.

When looking at gym attendance, 40% of young people did not go (48% adults), with 45% stating that they go three or more times per week (43% adults).

With reference to recreation, 61% of respondents said they have recreation 3 to 5 times per week (12% adults), 24% have recreation more than five times per week (55% adults) and 6% (15% adults) did not go.

Healthcare

Young people were asked about their use of medical services while in their present prison. Significantly fewer young people reported accessing doctors (49%) compared to eight in ten adults (79%).

Three quarters (77%) of young people attended the nurse (compared to 81% adults) and one quarter (25%) were seen by the dentist (compared to 35% adults). One fifth (21%) of young people were seen by mental health staff (compared to 28% adults).

One in ten (9%) young people had visited an optician (compared to 17% adults). Almost nine in ten (87%) young people rated the quality of healthcare in their prison positively (compared to only 58% of adults).

Mental health & well-being

Prisoners were asked questions on mental health by way of an instrument known as the Warwick-Edinburgh Mental Well-Being Scale (WEMWBS) (see Table 3).

Nine in ten young people (88%) reported that they had 'been able to make up my own mind about things' (88%), which is an increase of 9% from the 2013 survey (79%).

Three quarters of those reporting had 'been thinking clearly' (75%), 'feeling confident' (75%), had 'been interested in new things' (75%) and had 'energy to spare' (74%).

Table 4 Mental health & well-being

	Young People	Adults
I've been feeling optimistic about the future	71	69
I've been feeling useful	65	62
I've been feeling relaxed	72	67
I've been feeling interested in other people	44	55
I've had energy to spare	74	67
I've been dealing with problems well	78	75
I've been thinking clearly	75	77
I've been feeling good about myself	67	68
I've been feeling close to other people	55	51
I've been feeling confident	75	68
I've been able to make up my own mind about things	88	84
I've been feeling loved	58	53
I've been interested in new things	75	65
I've been feeling cheerful	63	66

Hepatitis C

Just over a quarter (27%) of young people who responded to the survey had been tested for Hepatitis in prison. Three quarters (79%) would take a Hepatitis C test if this were offered to them in prison and almost half (45%) had been given information about Hepatitis C while in prison.

Drug use

Table 5 below shows a 4 year comparison of young people's drug use at the time of their offence. Over half (55%) were under the influence of drugs at the time of the offence (compared to 39% adults) and one fifth (19%) committed their offence to get money to buy drugs (17% adults). Over a third (38%) indicated their drug taking was a problem for them on the outside (37% adults). One in ten (9%) were receiving treatment for drug use before their imprisonment (compared to 22% adults). Drug taking continues to be a problem for young people with few of them receiving treatment before their imprisonment.

Table 5 Drug use at time of offence

	2009	2011	2013	2015	Adults
My drug taking was a problem for me on the outside	35	35	36	38	37
I was under the influence of drugs at the time of my offence	52	54	49	55	39
I committed my offence to get money for drugs	7	9	10	19	17
I was receiving treatment for my drug use before my imprisonment	8	6	9	9	22

Drug use in present prison in the last month

A third (32%) of young people said that they had ever used illegal drugs in prison, up from 28% in 2013 (and compared to 44% adults), and a quarter (26%) had used illegal drugs in the last month while in prison (24% adults). A minority of young people (1%, n=3) had ever injected drugs in prison, with only a few (1%, n=3) stating that they had done so in the last month. Four in ten (41%) had used new psychoactive substances, ‘legal highs’, in the community with synthetic cannabis being the most popular drug of choice. One in six (16%) had used ‘legal highs’ in prison.

Over half (55%) reported their drug use has changed during their current period in prison (76% adults), with two thirds (64%) stating that it had decreased (60% adults).

Three in ten (29%) young people said that if they were offered help for their drug problem on the outside, they would take it, with 37% stating if they were offered help in prison they would take it (an increase of 3% from 2013). One in seven (14%) of young people were worried that drug taking would be a problem when they get out. One third (33%) were assessed for drug use on admission to prison (compared to 40% adults). Three in ten (29%) reported they had been given the chance to receive treatment for drug use during their sentence, with 19% stating that they had received treatment (compared to 24% adults). This can be seen in Table 6.

Percentages for young people being offered, assessed and undertaking drug treatment is considerably lower when compared to the adult population. Interestingly, however, this may be because the numbers of young people who said they would ‘take’ help if it was offered to them inside or outside prison was far less than the adult population.

Table 6 Drug treatment

	2009	2011	2013	2015	Adults
If I was offered help for my drug problem on the outside , I would take it	28	22	30	29	40
If I was offered help or my drug problem in prison , I would take it	33	26	34	37	43
I am worried that my drug taking will be a problem when I get out	16	13	16	14	25
I was assessed for drug use upon my admission to prison	45	41	38	33	40
I have been given the chance to receive treatment for drug use during my sentence	34	27	27	29	28
I have received help/treatment for drug use during my sentence	24	17	16	19	24

Alcohol use

Prisoners were asked a number of questions about alcohol use/dependency inside and outside prison. Six in ten (60%) young people reported being drunk at the time of their offence (compared to 41% adults). Despite this being a welcome decrease of 8% from the 2013 and it is still a significantly higher percentage when compared to adult prisoners.

One in five (22%) reported that drinking affected their ability to hold down a job and 39% admitted drinking affected their relationship with their family (compared to 19% and 32% adults, respectively).

Over a third (38%) of young people said that if they were offered help for alcohol problems in prison they would take it. Fewer young people (29%) reported that if they were offered help for alcohol problems on the outside, they would take it. One fifth (19%) were worried that alcohol would be a problem for them when they are released from prison. This, and a comparison with adults, can be seen in Table 7.

Table 7 Young People’s views on alcohol

	2009	2011	2013	2015	Adults
I was drunk at the time of my offence	78	78	68	60	41
My drinking affected my ability to hold down a job	31	25	21	22	19
My drinking affected my relationship with family	57	49	44	39	32
If I was offered help in Prison for alcohol problems I would take it	52	52	46	38	37
If I was offered help on the outside for alcohol I would take it	42	43	42	29	36
I am worried that alcohol will be a problem for me when I get out	26	24	27	19	17
Have you used alcohol in the last month while in this prison ?	7	5	4	4	4
I was assessed for alcohol use on my admission to prison	40	44	28	25	27
I have been given the chance to receive treatment for alcohol problems during my sentence	50	47	36	30	25
I have received help/treatment for alcohol problems during my sentence	35	32	19	21	14

A quarter (25%) were assessed for alcohol use on their admission to prison (down from 28% in 2013) and 30% had been given the chance to receive treatment for alcohol problems during their sentence (down from 36% in 2013). One in five (21%) had received help/treatment for alcohol problems during their sentence (up from 19% in 2013). As mirrored in the report for the prison population as a whole, the 2015 figures for young people report a drop in the percentage of prisoners being assessed for alcohol, given the chance to receive treatment, and subsequently receiving treatment since 2013.

As part of the 2015 survey, the Alcohol Use Disorders Identification Test (AUDIT) was incorporated into the section asking prisoners about their alcohol use prior to going to prison. Table 8 shows the responses to each of the 10 AUDIT questions. As many as 81% of prisoners stated they drink alcohol, with one fifth (19%) doing so four or more times a week (compared to 18% adults). On a typical day when they are drinking, almost half (48%) of prisoners said they would drink 10 or more drinks (compared to 37% adults). A third (35%) of young people reported they have six or more drinks on one occasion weekly (compared to 22% adults), with a further 24% saying they would do this daily or almost daily (20% adults). Almost a third of young people (30%) reported when drinking on a weekly or daily or almost daily basis, they found they were not able to stop drinking once they had started (compared to 24% adults).

Just over a quarter (27%) said that weekly or daily, or almost daily, they failed to do what was normally expected of them because of their drinking (21% adults); 17% reported they needed a first drink in the morning to get themselves going after a heavy drinking session (18% adults); 28% had a feeling of guilt or remorse after drinking (21% adults); and 29% had been unable to remember what happened the night before (20% adults) when drinking on a weekly or daily or almost daily basis. In the last year, 31% of young people stated they or someone else had been injured as a result of their drinking which is significantly higher than the adult prisoners in this category (19%).

Almost a quarter (22%) said a relative or friend or a doctor/health worker had been concerned about their drinking or suggested that they cut down (compared to 18% adults). These results highlight that there is a significant alcohol problem among young people. While young people may not drink much more frequently than adults, the amount they consume when they do drink is far higher than their adult counterparts.

Table 8 AUDIT

How often do you have a drink containing alcohol?	Never	Monthly or less	2 to 4 times a month	2 to 3 times a week	4 or more times a week
	19	16	19	28	18
How many drinks containing alcohol do you have on a typical day when you are drinking?	1 or 2	3 or 4	5 or 6	7, 8 or 9	10 or more
	16	14	14	8	48
	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
How often do you have six or more drinks on one occasion?	19	8	14	35	24
How often during the last year have you found that you were not able to stop drinking once you had started?	54	11	5	15	15
How often during the last year have you failed to do what was normally expected from you because of your drinking?	61	8	4	13	14
How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?	75	7	3	4	13
How often during the last year have you had a feeling of guilt or remorse after drinking?	60	8	4	13	15
How often during the last year have you been unable to remember what happened the night before because you had been drinking?	45	15	11	16	13
	No	Yes, but not in the last year	Yes, during the last year		
Have you or anyone else been injured as a result of your drinking?	36	33	31		
Has a relative or friend or a doctor/health worker been concerned about your drinking or suggested you cut down?	61	17	22		

Domestic Violence

When asked if young people ever witnessed any violence between their parents/carer as a child, 42% reported they had (compared to 44% adults). Over one in ten (13%) young people said they have been involved in violence towards their spouse or partner (compared to 23% adults) and a similar number (10%) had been convicted of an offence involving violence towards their spouse or partner (compared to 18% of adult prisoners). One in ten (10%) young people would wish to access interventions/support services which would help them with issues of violence in the home (compared to 20% adults).

Smoking

Eight in ten young people (81%) reported they smoked and half (50%) of those reporting expressed a desire to give up smoking (see Table 9 below). Half (50%) said they would like to give up smoking (51% adults). A minority (4%) stated they share their cell with a smoker down from 33% in 2013.

Almost half (48%) had received advice on smoking and its related health risks since coming into prison (compared to 39% adults). A similar number had used e-cigs (51%) before coming into prison (compared to 32% adults), and 70% said they would use e-cigs if they were available in prison (compared to 66% adult).

Table 9 Smoking related issues in prison

	Young People	Adults
Are you a smoker?	81	71
If yes, do you want to give up smoking?	50	51
Do you share your cell with a smoker?	4	28
Have you received advice on smoking & its related health risks since coming into prison?	48	39
Are you aware of the stop-smoking service?	69	67
Have you been referred to the stop-smoking service?	20	25
Would you use the prison stop-smoking service?	44	52
Have you ever used e-cigs?	51	32
If e-cigs were available in prison would you use them?	70	66

Contact with family and friends

Contact with friends and family in the community is of vital importance to the majority of prisoners and can impact on their quality of life and mental welfare. Table 10 illustrates that young people had regular contact with their friends and family by letter (75%), by telephone (87%), and contact through visits (68%). This was also reflected for adult prisoners, seen below in Table 10.

Table 10 Contact with family & friends

	Young People	Adults
No regular contact	6	10
Contact by letter	75	67
Contact by telephone	87	81
Contact by visits	68	63
Contact by home leave	1	5

Table 11 illustrates that three quarters of young people reported positively regarding access to family and friends (81%) and Family Contact Officers (80%). Young people were less content with the length of the visits (50% compared to 76% of adult prisoners). Aside from this, young people and adult prisoners held broadly similar and positive views regarding visits.

Table 11 Prisoners views on visits

	Young People	Adults
Access to family and friends	81	84
Access to FCO in this prison	80	73
The length of visit	50	76
Ability to arrange visits	88	84
Facilities for children at visits	85	81
Facilities for disabled visitors	74	81
Timing of visits	75	79
Quality of visit	79	80
Respectful behaviour shown by staff in relation to visits	86	74

Bullying and Safety

A small number of young people (15%, n=50) reported being bullied in the month before the survey (compared to 12% of adult prisoners). Numbers of those reporting what the bullying involved are too small to make any meaningful conclusions, however, the most frequently reported bullying of young people involved name calling (n=36) and property (n=17).

Almost a fifth (17%) of young people reported fearing for their safety in prison in the last month (16% adult prisoners). Again, response rates for this question are small, however, of those who reported fearing for their safety, two thirds stated that this was from a group of prisoners (n=31) or another prisoner (n=29). The most frequently cited areas where young people said they feared for their safety were the hall generally (n=29) and recreation (n=29).

In Care as a child

A third of young people (33%) reported being in care as a child, compared to almost a third of adult prisoners (31%). A quarter of young people (24%) were in care at the age of sixteen compared to almost one fifth of adult prisoners (18%).

Literacy & Numeracy

Half of young people (51%) said they attended a learning centre in prison (38% in 2013), compared to 46% of adult prisoners. Three quarters said they attended literacy/numeracy (72%), six in ten art (61%) and almost half had attended IT (45%).

Around one fifth of young people reported that they had difficulty with writing (19%), reading (16%) and numbers (15%), compared to adult prisoners (14%, 12% and 11% respectively).

Knife Crime

Table 12 shows that almost two thirds of young people (62%) stated they carried a knife, the highest percentage of all the establishments, and compared to 44% of adult prisoners. Four in ten (44%) of young people had carried a knife in the 12 months before coming into prison, more than double adult prisoners (21%). A quarter (26%) of young people said they were a victim of knife crime and 30% had used a knife to injure someone.

Over a third (36%) of young people had been cautioned by the police for carrying a knife, 30% stating they have been convicted of a knife crime. Four in ten (44%) also said if they were cautioned for carrying a knife, that this would stop them.

A quarter (25%) of young people reported they were a member of a gang a drop of 10% on 2013 survey (35%), over three times the figure for adult prisoners (8%).

Table 12 Knife crime

	Young People	Adults
Have you ever carried a knife?	62	44
Have you carried a knife in the 12 months before coming into prison?	44	21
Have you been a victim of knife crime?	26	37
Have you ever used a knife to injure someone?	30	34
Have you ever been cautioned by the Police for carrying a knife?	36	30
Have you ever been convicted of a knife crime?	30	35
If you were cautioned for carrying a knife would this stop you?	44	38
Are you a gang member?	25	8

When asked about their reason for carrying a knife, two thirds of young people who did so said it was for 'self-defence' (67% n=135) and one third said it was because they had 'previously been threatened' (31% n=62). A quarter said they carried a knife because they 'don't feel safe where they live' (23% n=47) and a fifth because they were a 'gang member' (19% n=38).

Comment

Drink, drugs, knives and gangs continue to be a prominent feature in the lives of young men who find themselves in custodial care due to their often rash and impulsive actions.

Perhaps the most noticeable difference between young people and adults is the much higher levels of drunkenness at the time of committing the offence. While four in ten adults (41%) were drunk at the time of the offence, three fifths of young people (60%) reported inebriation at the point of commission. While still very high, this is a welcome decrease of 8% from the 2013 figure (68%) and a total 15% reduction on the 2011 result (75%). While still much higher than the adult population, it does suggest a downward trend and some diminution in the consumption of alcohol at the point of the offending behaviour.

However, in terms of general drinking, young people were still consuming more than their adult counterparts. On a typical day when they are drinking, almost half (48%) of young people said they would drink 10 or more drinks (compared to 37% adults). A third (35%) of young people reported they have six or more drinks on one occasion weekly (compared to 22% adults), with a further 24% saying they would do this daily or almost daily (20% adults).

One in five (22%) reported that drinking affected their ability to hold down a job and 39% admitted drinking affected their relationship with their family (compared to 19% and 32% adults, respectively). Over a third (38%) of young people said that if they were offered help for alcohol problems in prison they would take it. One fifth (19%) were worried that alcohol would be a problem for them when they are released from prison.

Over half (55%) were under the influence of drugs at the time of the offence (compared to 39% adults) and one fifth (19%) committed their offence to get money to buy drugs (17% adults). Over a third (38%) indicated their drug taking was a problem for them on the outside (37% adults). One in ten (9%) were receiving treatment for drug use before their imprisonment (compared to 22% adults). Drug taking continues to be a serious problem for young people, with few of them receiving treatment before their imprisonment.

Nearly two thirds of young people (62%) stated they carried a knife, compared to 44% of adult prisoners. Four in ten (44%) of young people had carried a knife in the 12 months before coming into prison, more than double adult prisoners (21%). A quarter (26%) of young people said they were a victim of knife crime and 30% had used a knife to injure someone. A quarter (25%) of young people reported they were a member of a gang a drop of 10% on the 2013 survey (35%), but still over three times the figure for adult prisoners (8%).

A supplementary questionnaire (see pages 32 and 33) was issued to the young people asking about their awareness of initiatives and opportunities in Polmont. With the exception of the Peer Mentoring initiative which was recognised by 59% of the young people, only a minority knew of other initiatives such as restorative justice or anti-bullying.

YOUNG PEOPLE IN CUSTODY PRISONER SURVEY OVERALL RESULTS 2015

RESPONSE RATE: 73%

RELATIONSHIPS		Very relaxed	Fairly relaxed	Neither relaxed/tense	Fairly tense	Very tense	
	How would you rate the atmosphere in your HALL?	24	45	21	8	2	
	How well would you say you got on with each of the following groups?	Very well	Fairly well	OK	Fairly badly	Very badly	
	Prisoners in your hall	35	32	28	4	1	
	Officers in your hall	38	33	25	2	2	
		Very good	Good	OK	Poor	Very Poor	
	How would you rate your relationship with escorting staff?	11	24	50	7	9	
		Always	Often	Sometimes	Rarely	Never	
	I am treated with respect by staff in the prison.	32	36	26	4	2	
	Staff in this prison are positive role models.	13	29	35	15	8	
		Doctor	Nurse	Mental Health Staff	Dentist	Optician	None
During your time in THIS prison, on THIS sentence which of the following have you attended?	49	77	21	25	9	16	
HEALTH	FOR YOUR MOST RECENT appointment IN THIS PRISON please indicate the length of time you waited/have been waiting to see the following health care staff:						
		Same Day	1-2 days	3-5 days	6-10 days	Over 10 days	Not Relevant
	Nurse	41	28	8	7	4	12
	Doctor	11	30	17	9	7	26
	Mental Health Staff	15	19	13	5	8	40
	Dentist	0	1	9	8	46	36
	Optician	0	2	1	4	23	70
		Very good	Good	OK	Poor	Very poor	
How would you rate the quality of healthcare in general in your prison?	11	33	43	9	4		
DISABILITY	Have you got a disability? (Physical/mental impairment)	YES	18	NO	82		

	If YES , do prison staff know that you have a disability?	YES	69	NO	31	
	Have you got a long-term illness?	YES	10	NO	90	
	If YES , do prison staff know that you have a long-term illness?	YES	79	NO	21	
	Do you require any assistance in managing any of the following daily activities?					
	Transferring/moving around the prison	YES	6	NO	94	
	Washing/personal care	YES	2	NO	98	
	Toilet use	YES	2	NO	98	
	Dressing	YES	1	NO	99	
	Collecting meals	YES	2	NO	98	
	Eating meals	YES	2	NO	98	
	If YES , were you given help/assistance?	YES	100	NO	0	
If YES , who helped you?	Medical staff	0	Prisoner	56	Other	44

HYGIENE & FITNESS	How many times A WEEK do you have AT LEAST 30 MINUTES of MODERATE EXERCISE? (like brisk walking)	1 or less times per week		2 to 4 times per WEEK		5 or more times per week	
		38		29		33	
		Don't go	1	2	3 to 5	More than 5	Don't know
	How many times do you go to the gym each week?	40	5	9	41	2	2
	How many times do you have recreation each week?	6	1	2	61	24	6
		Don't use it	1	2	More than 3	Don't know	
How many times do you use the library each week?	39	19	15	14	13		

	Have you EVER used illegal drugs in prison?	YES	32	NO	68		
	If YES , has your drug use changed during your current period in prison?	YES	55	NO	45		
DRUG USE	If YES , in what way?	Increased	11	Same use but different drugs	21		
		Decreased	64	Only started using in prison	4		
	Are you sharing your cell with a drug user?	YES	0	NO	100	DON'T KNOW	0
	Have you used ILLEGAL drugs in the LAST MONTH while in THIS PRISON ?	YES	26(n=85)	NO	74		
	If YES , which ILLEGAL drugs have you used in the LAST MONTH : If NO , go to next section						
	Cannabis	81(n=69)	Other opiates	7(n=6)	Cocaine	15(n=13)	
	Benzodiazepams	41(n=35)	Temazepam	9(n=8)	Subutex	22(n=19)	
	Amphetamines	3(n=3)	Heroin	15(n=13)	Mephedrone	6(n=5)	
	Ecstasy	3(n=3)	Methadone (not prescription)	9(n=8)	Other	9(n=8)	
	Are you being prescribed methadone?	YES	4(n=13)	NO	96		
If YES , is this prescription:	Reducing dose	n=7	Maintenance dose	n=3	Stabilizing dose	n=3	
During your time in prison, have you ever taken another prisoner's prescribed medication?	YES	24	NO	76			
Have you EVER INJECTED drugs IN PRISON ?	YES	1(n=3)	NO	99			
Have you INJECTED drugs IN PRISON in the LAST MONTH ?	YES	1(n=3)	NO	99			
If YES , you INJECTED in the LAST MONTH , did you share your works?	YES	1(n=3)	NO	99			
If YES , which ILLEGAL drugs did you inject in the LAST MONTH :							
Heroin	n=3	Cocaine	0	Subutex	n=1		
Other opiates	n=3	Benzodiazepams	0	Mephedrone	n=1		
Amphetamines	0	Steroids	n=1	Other	0		

	Prior to coming in to prison have you ever used any other drugs known as legal highs?	YES	41	NO	59			
	If YES , what did you use before coming to prison?	Stimulant		76(n=101)	Hallucinogen		44(n=58)	
		Synthetic Cannabis	76(n=102)	Downer	16(n=21)		Not sure	11(n=15)
	During your time in prison have you ever used any other drugs known as legal highs?	YES		16(n=52)	NO	84		
	If YES , what did you use in prison?	Stimulant	N=26		Hallucinogen		N=17	
		Synthetic Cannabis	N=46		Downer	N=8		Not sure
	My drug taking was a problem for me ON THE OUTSIDE	YES	38	NO	43	Not relevant		21
	I was under the influence of drugs at the time of my offence	YES	55	NO	26	Not relevant		19
I committed my offence to get money for drugs	YES	19	NO	62	Not relevant		19	
I was receiving treatment for my drug use before my imprisonment	YES	9	NO	74	Not relevant		17	

DRUG SERVICES	If I was offered help for my drug problem ON THE OUTSIDE , I would take it	YES	29	NO	47	Not relevant	24
	If I was offered help for my drug problem IN PRISON , I would take it	YES	37	NO	40	Not relevant	24
	I am worried that my drug taking will be a problem when I get out	YES	14	NO	61	Not relevant	24
	I was assessed for drug use upon my admission to prison	YES	33	NO	45	Not relevant	23
	I have been given the chance to receive treatment for drug use during my sentence	YES	29	NO	48	Not relevant	23
	I have received help/treatment for drug use during my sentence	YES	19	NO	58	Not relevant	23
	If YES , did you find this treatment useful?	YES	72	NO	28		

ALCOHOL USE	I was drunk at the time of my offence	YES	60	NO	40	
	My drinking affected my ability to hold down a job	YES	22	NO	78	
	My drinking affected my relationships with family	YES	39	NO	61	
	If I was offered help IN PRISON for alcohol problems I would take it	YES	38	NO	62	
	If I was offered help ON THE OUTSIDE for alcohol problems I would take it	YES	29	NO	71	
	I am worried that alcohol will be a problem for me when I get out	YES	19	NO	81	
	Have you used alcohol in the LAST MONTH while in THIS PRISON ?	YES	4	NO	96	
	I was assessed for alcohol use on my admission to prison	YES	25	NO	75	
	I have been given the chance to receive treatment for alcohol problems during my sentence	YES	30	NO	70	
	I have received help/treatment for alcohol problems during my sentence	YES	21	NO	79	
	If YES , did you find this treatment useful?	YES	79	NO	21	
		1 or 2	3 or 4	5 or 6	7, 8 or 9	10 or more
	How many drinks containing alcohol do you have on a typical day when you are drinking?	16	14	14	8	48
		No	Yes, but not in the last year	Yes, during the last year		
Have you or anyone else been injured as a result of your drinking?	36	33	31			
Has a relative or friend or a doctor/health worker been concerned about your drinking or suggested you cut down?	61	17	22			

	Never	Less than monthly	Monthly	Weekly	Daily or almost daily
How often do you have six or more drinks on one occasion?	19	8	14	35	24
How often during the last year have you found that you were not able to stop drinking once you had started?	54	11	5	15	15
How often during the last year have you failed to do what was normally expected from you because of your drinking?	61	8	4	13	14
How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?	73	7	3	4	13
How often during the last year have you had a feeling of guilt or remorse after drinking?	60	8	4	13	15
How often during the last year have you been unable to remember what happened the night before because you had been drinking?	45	15	11	16	13

SMOKING	Are you a SMOKER ?	YES	4	NO	96
	If YES , do you want to give up smoking?	YES	81	NO	19
	Do you SHARE your cell with a SMOKER/SMOKERS ?	YES	50	NO	50
	Have you received advice on smoking & its related health risks since coming into prison?	YES	48	NO	52
	Are you aware of stop-smoking service in this prison?	YES	69	NO	31
	Have you been referred to the prison stop-smoking service?	YES	20	NO	80
	Would you use the prison stop smoking service to stop smoking?	YES	44	NO	56
	Have you ever used e-cigs?	YES	51	NO	49
	If e-cigs were available in prison would you use them?	YES	70	NO	30

PROGRAMMES	What programme/Intervention have you ever attended?					
	Violence Prevention	N=24	Anger Management	N=38	Smoking Cessation	N=42
	Constructs	N=23	Substance Related	N=51	None	N=147
	Sexual Offending	N=11	Female Offending	N/A	Other	N=23
	Did you complete the programme?	YES	48	NO	52	
	If YES , did you find it helpful to address issues relating to your offending?	YES	70	NO	30	
	Have staff in the SPS been helpful in supporting you to address your offending behaviour?	YES	58	NO	42	
VIOLENCE	Have you ever been involved in violence towards your spouse or partner?	YES	13	NO	87	
	Have you ever been convicted of an offence involving violence to your spouse or partner?	YES	10	NO	90	
	Have you ever been a victim of violence from your spouse or partner?	YES	13	NO	87	
	As a child did you ever witness any violence between your parents/carer?	YES	42	NO	58	
	Would you wish to access interventions/support services which would help people with issues of violence in the home?	YES	10	NO	90	
CARRYING A KNIFE	Have you ever carried a knife?	YES	62	NO	38	
	Have you carried a knife in the 12 months before coming into prison?	YES	44	NO	56	
	Have you been a victim of knife crime?	YES	26	NO	74	
	Have you ever used a knife to injure someone?	YES	30	NO	70	
	Have you ever been cautioned by the Police for carrying a knife?	YES	36	NO	64	
	Have you ever been convicted of a knife crime?	YES	30	NO	70	
	If you were cautioned for carrying a knife would this stop you?	YES	44	NO	56	
	Are you a gang member?	YES	25	NO	75	
What is your main reason for carrying a knife?						
Self defence	67	Previously been threatened	31	Because other people do	8	
Don't feel safe where I live	23	Gang member	19	Don't know	21	
Other reason	1					

EQUALITY AND DIVERSITY	Information on the following issues has been communicated to me in a manner that I understand (native language, braille, large print, signing, etc.)					
	Reception/Admission procedures	YES	74	NO	26	
	Induction	YES	76	NO	24	
	Meal menus	YES	74	NO	26	
	The visit process/Family contact	YES	78	NO	22	
	Human Rights/Equality and Diversity	YES	55	NO	45	
	Prison rules/Complaints	YES	71	NO	29	
	Healthcare	YES	74	NO	26	
	Freedom of information	YES	55	NO	45	
	Violence/Anti-bullying	YES	65	NO	35	
	Education/Learning	YES	75	NO	25	
	Programmes	YES	65	NO	35	
	Service providers/Community contact	YES	58	NO	42	
During this sentence in prison I have personally experienced discrimination in respect to the following:						
Your age	YES	8	NO	92		
Disability	YES	4	NO	96		
Gender assignment	YES	2	NO	98		
Sex (gender)	YES	2	NO	98		
Race	YES	7	NO	93		
Religion or belief	YES	10	NO	90		
Sexual orientation	YES	5	NO	95		
Marriage/civil partnership	YES	1	NO	99		
If YES, to the above, who discriminated against you?	Prisoner	N=27	Officer	N=18	Other staff	N=1
If YES, did you report this discrimination?	YES	N=14		NO	N=32	
If you reported the discrimination, were you satisfied with the way the matter was dealt with?	YES	N=5		NO	N=9	

BELIEFS	Please indicate whether you agree with the following statements:				
	I am able to observe/practice my religion/belief in this prison	YES	76	NO	24
	My religion/belief is respected in this prison by staff	YES	77	NO	23
	My religion/belief is respected in this prison by other prisoners	YES	75	NO	25

BODY ART	Do you have any tattoos?	YES	48	NO	52
	If YES did you get any tattoos in PRISON ?	YES	12	NO	88
	Do you have any body piercing/s?	YES	18	NO	82
	If YES did you get any piercing/s in PRISON ?	YES	2	NO	98

HEPATITIS	During your time in PRISON have you ever been tested for Hepatitis C?	YES	27	NO	73
	Would you take a Hepatitis C test if this were offered to you IN PRISON ?	YES	79	NO	21
	During your time in PRISON have you been given any information about Hepatitis C?	YES	45	NO	55

MENTAL HEALTH & WELL BEING	Feelings and thoughts over the last 2 weeks:	None of the time	Rarely	Some of the time	Often	All of the time
	I've been feeling optimistic about the future	13	16	32	24	15
	I've been feeling useful	12	23	36	17	12
	I've been feeling relaxed	12	16	30	29	13
	I've been feeling interested in other people	21	35	23	16	5
	I've had energy to spare	13	13	28	29	17
	I've been dealing with problems well	9	13	33	36	9
	I've been thinking clearly	10	15	24	28	23
	I've been feeling good about myself	15	18	26	25	16
	I've been feeling close to other people	22	23	31	16	8
	I've been feeling confident	10	15	26	29	20
	I've been able to make up my own mind about things	6	6	19	34	35
	I've been feeling loved	26	16	24	17	17
	I've been interested in new things	12	13	31	26	18
	I've been feeling cheerful	17	20	29	23	11

CLEANLINESS	How would you describe each of the following in THIS prison?	Very Good	Fairly Good	OK	Fairly Bad	Very Bad
	The cleanliness of your hall	27	37	26	6	4
	The cleanliness of the toilet area	21	32	28	10	9
	The cleanliness of the showers	22	32	34	9	3
	The cleanliness of your cell when you first moved in	13	20	28	18	21
How OFTEN do you get access to clean bed linen?	Every Week	Every 2 weeks	Once a Month	Never		
	88	8	1	3		

FOOD	How would you describe the following regarding FOOD in THIS prison:	Very Good	Fairly Good	OK	Fairly Bad	Very Bad
	The choice of menu	5	14	35	28	18
	The size of the portions	10	17	28	23	22
	The condition of the food when you get it	6	11	45	17	21
	The time at which meals are served	12	33	44	5	6
	The meals provided in this prison meet my cultural/religious needs	YES	25	NO	10	Not relevant

CANTEEN	How would you describe the following regarding the canteen system (bag & tag) in THIS prison?	Very Good	Fairly Good	OK	Fairly Bad	Very Bad
	The accuracy of my order	44	29	22	2	3
	The selection of goods	7	14	33	21	25
	The price of goods	6	22	42	16	14
	Overall, how would you describe the canteen system	13	24	34	19	10
	Do you have difficulty understanding/completing the canteen order form?	YES	7	NO	93	

VISITS & CONTACT	Are you in REGULAR CONTACT with anyone outside prison?		No	Yes, by letter	Yes, by telephone	Yes, by visits	Yes, by home leave	
			6	75	87	68	1	
	How often do you get visits from family and friends?		Never	Daily	Weekly	Fortnightly	Monthly	Other
			14	8	50	10	8	10
	How would you describe each of the following?		Very Good	Fairly Good	OK	Fairly Bad	Very Bad	
	Access to family and friends		23	27	31	11	8	
	The length of the visits		14	17	49	12	8	
	The ability to arrange visits		8	17	25	29	21	
	Facilities for children at visits		18	31	39	8	4	
	Facilities for disabled visitors		13	27	45	8	7	
	The timing of visits		10	24	40	12	14	
	The quality of the visit		9	23	43	17	8	
	Respectful behaviour shown by staff in relation to visits		22	27	37	7	7	
	Are there any PARTICULAR PROBLEMS for people visiting you in prison?		YES		52	NO		48
	If YES to the above, please read through the list below and say why							
Distance		69	Cost	69	Refreshment facilities	9		
Location of prison		42	Stress of visit	15	Staff attitudes	14		
No transport		41	Time limits	45	Other	11		

FAMILIES	Has anyone helped you with family issues in This Prison ?		YES	35	NO	65
	If YES to the above please read through the list below and say who helped you					
	Family Contact Officer (FCO)	61	Minister	11	Imam	4
Personal Officer	41	Priest	9	Prison Social Worker	23	Other 9

CHILDREN	Do you have children?	YES	25	NO	75		
	If YES please indicate how many children you have under 18 years of age:	1 child	2 children	3 children	4 children	5 children	6+ children
		71	22	1	2	2	0
	If you have children are you receiving visits from them?	YES	41(n=33)	NO	59		
	Were you involved in caring for any of your children before you came into prison for this remand/sentence?	YES	56	NO	44		
Will you be involved in caring for any of your children when you get out of prison?	YES	49	NO	39	Don't know	12	

BULLYING	In THIS PRISON , have you BEEN BULLIED by another prisoner or group of prisoners in the LAST MONTH ?	YES	15(n=50)	NO	85	
	If YES , what did the bullying involve?					
	Physical abuse	30(n=15)	Religious insults	12(n=6)	Age	14(n=7)
	Sexual abuse	10(n=5)	Racial insults	18(n=9)	Drugs	20(n=10)
	Money	28(n=14)	Sexuality insults	10(n=5)	Name calling	72(n=36)
	Property	34(n=17)	Disability insults	8(n=4)	Other	6(n=3)

BULLYING	If YES , did you report the bullying?	YES	50(n=25)	NO	50(n=25)		
	Have you, in THIS PRISON , during the LAST MONTH feared for your safety?	YES	17(n=56)	NO	83		
		If YES , WHO made you fear for your safety?					
		Another prisoner	52(n=29)	Group of prisoners	55(n=31)	A prison officer	11(n=6)
		Non-uniformed member of staff	5(n=3)	Group of prison officers (excluding control & restraint)		9(n=5)	
		In which AREAS of the prison do you fear for your safety?					
Hall generally	52(n=29)	Workshop/ work party	29(n=16)	Corridors / stairwells	37(n=19)		

SAFETY	Recreation	52(n=29)	Toilets/ Showers	9(n=5)	Cell	29(n=15)
	The reception area	15(n=8)	Segregation unit	11(n=6)	Other	6(n=3)

PRISON RULES	Have you had any difficulties in accessing a copy of the Prison Rules?	YES	29	NO	71
	Do you understand how to access the Complaints Procedure?	YES	74	NO	26

RELEASE	Have you accessed any services based in this prison to help you prepare for release?	YES	33	NO	77	
	If YES, which services did you access?					
	Housing	22	Training	17	Financial advice	11
	Employment	44	Relationships	6		

WORK	Have you ever undertaken work in prison?	YES	76	NO	24
	If YES, please answer the following:				
	Prison work has helped me learn to work regular hours	YES	66	NO	34
	Prison work has helped me learn to work with other people	YES	69	NO	31
	Prison work has helped me take more responsibility	YES	73	NO	27
	I have found prison work interesting	YES	67	NO	33
	Prison work will help me get a job on release.	YES	59	NO	41

LITERACY / NUMERACY	Have you attended a LEARNING CENTRE in THIS PRISON ?	YES	42	NO	58		
	If YES, which subjects have you attended?	Art	61	Literacy/ Numeracy	72	IT	46
	Do you have any problems with your reading?	YES	16	NO	84		
	Would you like help with your reading?	YES	78	NO	22		
	Do you have any problems in writing?	YES	19	NO	81		
	Would you like help with your writing?	YES	100	NO	0		
	Do you have any problems using numbers?	YES	15	NO	85		
	Would you like help with your numbers?	YES	85	NO	15		
	Were you ever assessed or diagnosed as having dyslexia?	No	80	Assessed	7	Diagnosed	13

ACCOMMODATION	Where were you living before coming into prison?					
	Owner-Occupier	23	Private rented	65	Squat	0
	Council tenant	28	Lodger	42	Sleeping Rough	2
	Housing association	16	Hostel	12		
	Did you lose your tenancy/accommodation when you came to prison?			YES	27	NO

	Where will you be living when you leave prison?					
	Owner-Occupier	12	Private rented	6	Squat	0
	Council tenant	16	Lodger	21	Sleeping rough	1
	Housing association	9	Hostel	2	Don't know	33

CARE	Were you ever in care as a child?	YES	33	NO	67
	Were you in care at the age of 16?	YES	24	NO	76

ARMED SERVICES	Have you ever served in the armed forces?	YES	2(n=7)	NO	98
	If YES, which service?				
	Army	N=5	Airforce	N=1	
	Navy	N=1	Reservist	0	
	What was your method of discharge?				
	Normal	N=5	Administrative	0	
Medical	N=2	Still serving	0		

DISABILITIES	Before coming into prison were you ever assessed or diagnosed as having any of the following?						
	Autism	No	96	Assessed	3	Diagnosed	1
	Asperger's	No	97	Assessed	2	Diagnosed	1
	ADHD	No	77	Assessed	9	Diagnosed	14
	Personality Disorder	No	90	Assessed	6	Diagnosed	4
	Other	No	90	Assessed	3	Diagnosed	7
	PTSD (post-traumatic stress disorder)	No	92	Assessed	3	Diagnosed	5

BACKGROUND	Are you? (Gender)	MALE	100	FEMALE	0		
	Are you on remand?	YES	29	NO	71		
	What is your sexual orientation?	Heterosexual	89	Gay	2		
		Bisexual	3	Prefer not to say	6		
		Never	1-5 times	6-10 times	Over 10 times		
	How many times have you been on remand before?	31	57	10	3		
	How many times have you been in prison on a sentence before?	42	53	2	1		
	If you are CONVICTED , how long is your present sentence?	Up to 90 days	10	Over 1 year up to 4 years	47	Over 10 years	0
		Over 3 months up to 12 months	23	Over 4 years up to 10 years	16	Life/WLT	4
	Have you ever served a sentence in the community?			YES	44	NO	56
Have you ever received a custodial sentence as a result of breaching a community sentence?			YES	31	NO	69	
Do you think that convicted/sentenced prisoners should have the right to vote in an election?			YES	87	NO	13	

POLMONT ADDITIONAL QUESTIONNAIRE RESULTS 2015

Response rate 51%

AWARENESS OF INTERVENTIONS	Are you aware of the RESPECT ME WORK (anti-bullying) that take place in Polmont?		YES	30	NO	70
	Have you taken part?		YES	4	NO	96
	Are you aware of the RESTORATIVE JUSTICE WORK within Polmont?		YES	39	NO	61
	Have you taken part?		YES	13	NO	87
	Are you aware of the COMMUNITY SAFETY UNIT in Polmont?		YES	37	NO	63
	Have you taken part?		YES	8	NO	92
	Are you aware of the PEER SUPPORT process in Polmont?		YES	59	NO	41
	Have you met with a peer support worker in Polmont?		YES	16(N=37)	NO	83
	If YES did you feel this helped you?		YES	62(N=23)	NO	38(N=14)
	If you have or are expecting a child have you attended PARENTING CLASSES in Polmont?		YES	16	NO	84
ACTIVITIES	How often do you attend the following:	Everyday	Most Days	Sometimes	Rarely	Never
	Work	35	22	5	6	33
	Education	3	16	29	9	44
	Youth Work	2	6	30	11	51
	Gym	7	32	15	7	39
	Exercise	5	11	14	16	54

VISITATION		Daily		Weekly		Monthly		Never	
	How often do you get visits?	12		52		18		16	
	Who do you get visits from?	Parent	65	Grand parent	21	Brother /sister	51	Partner	31
		Child	14	Other family	33	Friend	48	Other	12

BEREAVEMENT	Have you suffered a bereavement of a family member or close friend?				YES		32	NO		68
	Child	N=1	Dad	N=11	Mum	N=5	Grand-parent	N=19	Brother	N=2
	Girlfriend	N=1	Friend	N=8	Cousin	N=1	Auntie	N=10	Uncle	N=5
	Did you get support when this happened?				YES		40	NO		60
	Do you think bereavement support would be helpful now?				YES		38	NO		63