

[REDACTED] -

From: [REDACTED]
Sent: 29 February 2024 21:17
To: [REDACTED]
Subject: Charity PLUS

My name is [REDACTED]
[REDACTED]
[REDACTED]

My daughter [REDACTED] works with Plus as a family support coordinator. [REDACTED] has a 15 year old severely autistic and disabled son [REDACTED]; my grandson . The [REDACTED] family live in Stirling .

[REDACTED] is totally verbally challenged, physically uncoordinated, severely mentally impaired and incontinent. As well as a joy, he it a severe practical burden on the family as his needs are 24/ 7 full on 365 days a year .

All the family is involved and we as grandparents have to help to offer support and respite to [REDACTED]s parents as best we can.

For the last 12 years the charity PLUS has offered support to the [REDACTED] family and to [REDACTED]. They have been unfailing and totally reliable in this.

Without the support of PLUS the last 12 years would have been very much more difficult. People with no experience of caring for severe disability can't image the stress it puts on families. It breaks up families! We have and are surviving .The support of PLUS has hugely helped.

PLUS need new premises to ensure a stable platform for their operations and their staff . For the past 7 months [REDACTED] had worked partime for PLUS as a family support coordinator. This has had a huge positive impact on [REDACTED]s mental health and self esteem . A few hours a week in a professional environment while [REDACTED] is in respite is golden time for her and has had a huge positive impact and normalising on family life.

PLUS provides outreach into the community where people like [REDACTED] and her colleagues arrange Support workshops with similarly struggling families and help with first hand advice and support on all matters not least on negotiating the minefield of social services grants available.

Sorry this has turned out so long , but I know that PLUS has helped my grandson [REDACTED] AND his mother [REDACTED] on a day to day basis , and channelled the experience gained back into the community at large in and around central Scotland.

I would therefore ask you to support PLUS in their application for these new premises which are now much needed .

Cheers and Thank you
[REDACTED]
[REDACTED]

Sent from my iPhone